

# Regional Health

## Career Programs

### A.A.S. Paramedic

- Emergency Medical Technician Basic (EMT-B)
- Emergency Medical Technician Paramedic (EMT-P)

### Nurse Aide

### Medication Aide

## Regional Health Programs

### Activity Coordinator

### Supervising in Healthcare

## REGIONAL HEALTH

Marge Wasicek, Director  
Regional Health Education Center  
(641) 422-7100

*The Regional Health Education Center is a partnership with NIACC and North Iowa Mercy Health Care Center.*

### A.A.S. PARAMEDIC

Emergency Medical Technician  
Basic (EMT-B)

Emergency Medical Technician  
Paramedic (EMT-P)

### ACTIVITY COORDINATOR

### MEDICATION AIDE

### NURSE AIDE

### SUPERVISING IN HEALTHCARE



### A.A.S. Paramedic

The Paramedic Program is composed of three levels of training and certification. The three levels are: Emergency Medical Technician-Basic (EMT-B), Emergency Medical Technician-Intermediate (EMT-I), and Emergency Medical Technician-Paramedic (EMT-P). The courses are developed in a ladder sequence. The EMT-B courses are offered as needed at various locations. The EMT-I courses and EMT-P courses are offered as needed. The courses are offered evenings and weekends. All levels require completion of clinical experience. The EMT-I and EMT-P courses require completion of field experience with an advanced emergency medical service.

Students must maintain an 80 percent overall average within the EMT-B, EMT-I, and the EMT-P courses and have met the completion requirements listed in the student handbook to be eligible for EMS certification in the state of Iowa.

Program graduates may obtain employment or volunteer with public or private agencies employing emergency medical personnel who have successfully passed state and/or national certification examinations. Employers may also require psychological and physical dexterity examinations as a prerequisite for such employment. The College assumes no responsibility for paying for such examinations.

Upon successful completion of the two-year program, the graduate is awarded an Associate in Applied Science Degree.

Individuals who have completed the EMT-B, EMT-I, or EMT-P course prior to college credit approval and are currently certified in the state of Iowa may receive college credit. This college credit may be obtained for a nominal fee upon program completion and certification, upon submission of a qualification statement and supporting evidence of current certification and continuing education, and upon successful completion of the NIACC final test (80 percent or higher score).

#### ENTRANCE REQUIREMENTS FOR EMT-B:

1. Be at least 17 years of age at the time of enrollment.
2. Be proficient in writing, reading, and speaking English.
3. Be physically and emotionally capable of performing basic emergency care skills.
4. Current certification card in CPR.

Note: Criminal background checks and adult/dependent abuse checks will be required. Drug testing may also be required by individual agencies. Results of these checks will be used by contracted clinical facilities to determine clinical eligibility. Costs for background checks will be included in tuition costs. All other costs will be the responsibility of the student.

#### ENTRANCE REQUIREMENTS FOR EMT-I AND EMT-P:

1. Be at least 17 years of age at the time of enrollment.
2. High school diploma or general education equivalent.
3. Maturity of judgment, sound moral character and health status to provide reasonable assurance that the student will meet the physical and mental demands of the occupation.
4. Evidence of current certification card in CPR.

- Evidence of successful completion of a course of training for EMT-Basic.
- Evidence of certification as an EMT-Basic for the state of Iowa.
- A recommendation by the Advance Care Training Admission Committee attesting to the applicant's attitude, professionalism, motivation, dependability, and desire to follow instructions and orders with reliability.

Note: Criminal background checks and adult/dependent abuse checks will be required. Drug testing may also be required by individual agencies. Results of these checks will be used by contracted clinical facilities to determine clinical eligibility. Costs for background checks will be included in tuition costs. All other costs will be the responsibility of the student.

A physical examination by a physician or a physician extender and immunization record are required prior to beginning hospital clinicals at all levels of course work. The immunization requirements include receiving the hepatitis B vaccine or signing a waiver.

#### *EMS - Related Courses*

EMS-220	EMT-Basic I.....	4 s.h.
EMS-224	EMT-Basic II.....	2 s.h.
EMS-411	EMT-Paramedic: Part I.....	6 s.h.
EMS-412	EMT-Paramedic: Part II.....	7 s.h.
EMS-413	EMT-Paramedic: Part III.....	3 s.h.
EMS-414	EMT-Paramedic Part IV.....	3 s.h.
		25 s.h.

The required related courses may be taken prior to enrolling, during the time the student is enrolled in the program, or after completion of the sequential curriculum.

#### *Required Courses*

BIO-206	Anatomy and Physiology I.....	4 s.h.
BIO-207	Anatomy and Physiology II.....	4 s.h.
ENG-102	Composition & Speech I.....	4 s.h.
ENG-103	Composition & Speech II.....	4 s.h.
MAT-110	Math for Liberal Arts.....	3 s.h.
PSY-111	Introduction to Psychology.....	3 s.h.
PSY-121	Developmental Psychology.....	3 s.h.

#### *Other Recommended Related Electives*

BCA-101	Introduction to Computers and Information Systems.....	3 s.h.
BUS-161	Human Relations.....	3 s.h.
MGT-101	Principles of Management.....	3 s.h.
EMS-311	EMT Intermediate 85.....	4 s.h.

## Activity Coordinator

The Activity Coordinator course (HSC-185) prepares the participant to function as an entry-level activity coordinator in a long-term care facility. (4 s.h.) (No prerequisites.)

## Medication Aide

The Medication Aide course (HSC-179) prepares people to safely administer non-parenteral medications in nursing facilities and related areas. The emphasis is on safe administration of medications. It qualifies the aide to administer medications in long-term care, residential care, nursing, skilled, adult day care, and assisted living facilities. (3 s.h.)

Prerequisites:

- If employed in a certified nursing facility -- minimum of 6 months employment by facility sponsor, must be on the Iowa Direct Care Workers Registry, must provide documentation from administrator of facility in which he/she is employed.
- If employed in residential or related type of licensed facility -- minimum of 6 months employment by facility sponsor, must provide evidence of successful completion of residential attendant course, must provide recommendation from administrator of facility in which he/she is employed.

- If employed in assisted living program, must provide recommendation from administrator of facility in which he/she is employed, strongly recommended to have completed 75-hour Nurse Aide course or Residential Attendant course.

- Have aptitude for reading, writing, and mathematics.

## Nurse Aide

The Nurse Aide course prepares individuals to work in long-term care facilities (LTC) and hospitals.

Nurse Aide classes are offered monthly in the NIACC area. Upon completion of the Nurse Aide course, a state written test and a skills demonstration test must be completed with a score of 70 percent or better. Passing these tests is required in order to be placed on the Department of Inspections and Appeals Direct Care Worker Registry. Placement on the Iowa Direct Care Worker Registry is necessary to be employed as a nurse aide in long-term care in Iowa; this includes nursing facilities and skilled nursing units in hospitals.

#### ENTRANCE REQUIREMENTS FOR NURSE AIDE

- Must be 16 years or older.
- High school diploma or GED. (Note: if you are currently in high school, you must submit a letter of acknowledgment from your high school counselor.)
- Strength and endurance to meet the requirements in performing skills such as lifting and moving residents.
- Physical exam by a physician or a physician extender. This **must be** completed prior to the clinical portion of the course.
- Current immunization records are **required** prior to beginning clinical. The immunization requirements include Rubella titer, TB test, hepatitis B vaccine, or signing a waiver for the hepatitis vaccine.

\*\*Note: Criminal background checks and adult/dependent and child abuse checks will be required. Results of those checks will be used by contracted clinical facilities to determine clinical eligibility (a student may be denied clinical access and be unable to complete the course. Costs for background checks will be included in tuition costs.

For further information, contact the health professions counselor at 1-888 GO NIACC, Ext. 4207 or 641-422-4207.

#### *Nurse Aide - Related Courses*

HSC-171	Nurse Aide Theory.....	2 s.h.
HSC-174	Nurse Aide Clinical.....	1 s.h.

## Supervising in Healthcare

The Supervising in Healthcare course (HSC-290) enables the nurse to gain knowledge and develop skills in managing personnel and clients in healthcare facilities. The course focuses on supervisory skills for nurses in long-term care facilities. (3 s.h.)

Prerequisites:

- Current RN or LPN