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Lifelong Learning Institute

Spring Term

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and Reinvent!**



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From Lifelong Learning Institute Coordinator Susan Nagle
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Welcome to Spring Semester 2010!

The Lifelong Learning Institute is growing in quantum leaps. New members are joining each semester and new courses and lectures are continually being developed. I personally have never learned so much! I thought I had learned quite a bit in college but nothing compares to the courses of the Lifelong Learning Institute. I think it is because our LLI faculty members are teaching subjects for which they have a deep passion. It certainly shows. Also, I don't think that I have ever learned as much from my "classmates." Our member's ages range from the 30's to the 80's and that multi-generational age range adds depth to each class discussion. Members come to the Lifelong Learning Institute with such a wealth of life knowledge as well as a quest to learn something new, to explore subjects to a deeper level, or to just have fun. Our classes last semester varied from Cartoon Drawing, to Harmonica 101, to the Great Depression, to American Religions, to Victorian Poetry.

This upcoming semester offers courses on Endangered Animal Species, The Good War, Architecture of the Prairie School, Poetry, Clarinet, and 20th Century Music to name a few. We have never cancelled a class due to lack of enrollment and often have had to move to larger rooms due to exploding numbers of registrations. It is so exciting to be with members with such enthusiasm for learning, for challenging the mind, and for being part of a fun college environment.

This semester we are offering more new courses and several new member-led discussions. We also are offering courses geared toward purposeful living to prepare for NIACC's Leadership Series this April. Richard Leider will be the speaker and is an internationally known author and speaker on *Living on Purpose*. This is of great interest to the Lifelong Learning membership. Lifelong Learning Members receive tickets to this lecture as part of their membership and will meet with Richard Leider after the lecture.

So, browse the list of courses and become a member of the Lifelong Learning Institute, if you are not already a member. It is a great way to spend the Iowa winter and also a great way to welcome the spring. Renew, Revitalize, and Reinvent is our motto. Join the fun!

Susan L. Nagle
Lifelong Learning Institute

What does the Lifelong Learning Institute Offer?

NIACC offers you the opportunity to become a member of the Lifelong Learning Institute, a community of adults who learn for the joy of learning without grades, tests, papers or long-term classes. The Lifelong Learning Institute has members of all educational backgrounds and provides the perfect way to expand knowledge while meeting other like-minded adults. Learn something you never had the chance to study. Discuss topics that are interesting to you. Take a class that stretches your mind and teaches you new ways of thinking. Renew, Revitalize and Reinvent yourself!

Membership benefits include.....

- All of the privileges of a student ID
- Use of NIACC facilities
- A NIACC email account
- Library use and orientation
- Passes to athletic events
- Leadership Series tickets and speaker receptions
- Artist Chats prior to Performing Arts event
- Career/retirement coaching sessions
- College credit course audits at half tuition plus fees
- NO additional tuition for the Lifelong Learning courses and study circles



Why is the Lifelong Learning Institute for You???

You can learn for the joy of learning through:

- Short courses
 - Lectures and discussions
 - Study Circles
 - Civic engagement opportunities
-and more and more and more

Membership

Annual memberships are available for \$99.00 (two semesters). Members are able to register for all courses without additional tuition. Open to all adults.

How do I join?

Fill out the Membership/Registration Application at the back of this booklet. Check the courses that you plan to attend. Send your application and your membership fee to NIACC Lifelong Learning Institute, Continuing Education Division, 500 College Drive, Mason City, IA 50401 (make sure to fill in your email if you have one) or call 1-888 GO-NIACC, Ext 4358 or (641) 422-4358 and have your credit card ready!

Semester Kick-Off

Tuesday, January 19

10:30 am

Muse Norris Conference Center—Rooms A & D

Start the semester off right with a cup of coffee and a chance to meet new members and faculty of the Lifelong Learning Institute. You will have a chance to ask questions concerning the classes or the institute. Please register for this (just in case we have cookies!)

#71118

LECTURES AND COURSES

The Alzheimer's Project Documentary

(Repeat Showing Due to Weather Cancellation)

Tuesday, January 26

2:00 pm—4:00 pm

Location: AC 101

There is real reason for hope. Watch this two-hour, two-part HBO documentary which will take viewers inside the laboratories and clinics of 25 leading scientists and physicians, who seek to discover what can be done to better detect and diagnose Alzheimer's, delay the onset of memory loss, affect the brain changes associated with the disease, and ultimately prevent Alzheimer's disease altogether.

Two years in the making, the documentary travels coast to coast to explore this complex disease. Groundbreaking advances in brain imaging are allowing scientists to peer into the living brain to see the disease at its earliest stages, and revolutionary approaches to treating and preventing Alzheimer's, such as vaccines, are reaching final stages of drug testing.

#71057

Meet Charles Darwin

Instructor: Jeanette Fahrney

Friday, February 12

2:00 pm — 3:30 pm

Location: BC 219

Learn about Darwin, the man, his life as a wealthy estate owner in Victorian England and how he became someone who has influenced Western thought--thought that is still being talked about 150 years later. We'll follow his voyage on the Beagle and trace his experiences on the Galapagos Islands and see what happened when he returned to Eng-

land. We'll also study Captain Robert Fitzroy and his thoughts on Darwin and his theories. The voyage shaped both men's thoughts for the rest of their lives. We'll have the class on February 12th the birthday Darwin shares with Lincoln, born in the same year. Comparing both men and their influence on us makes for an interesting study.

Jeanette Fahrney became fascinated with Darwin on her trip to the Galapagos Islands. Her husband is an outstanding photographer and you will enjoy seeing what Darwin saw 150 years ago. It has hardly changed. Research has always been Jeanette's passion.

#71059

Oil/Acrylic Painting 101

Instructor: Kathy Van Dike

Friday, February 12

9:00 am—12:00 pm

Location: To Be Announced

Learn the basics of oil painting and begin to create a masterpiece. Find the hidden artist within and let them out. This class will introduce you to the basics of acrylic or oil painting. It is the beginning for the next Van Gogh. A list of supplies needed for the class will be passed out prior to class. You will need to purchase a canvas, paints, and brushes.

Kathy Van Dike is a Lifelong Learning member and a known artist in the Mason City community.

#71060

Healing Touch---Energy Therapy

Instructor: Dorothy Lawse

Tuesday, February 16

1:00 pm—3:00 pm

Location: PC 117

Healing Touch is an energy-based therapeutic approach to healing. Healing Touch uses touch to influence the energy system, thus affecting the physical, emotional, mental and spiritual health of a person. The goal in Healing Touch is to restore harmony and balance in the energy system to help the person self-heal.

Introduction to Healing Touch will describe the human energy field, discuss basic energy principles, discuss the history of Healing Touch and demonstrate specific intervention techniques used in Healing Touch.

Dorothy Lawse MD, FACEP, CHTP has practiced emergency medicine for 32 years and is presently practicing at Allen Hospital in Waterloo, Iowa. In 1999, she

began her *Healing Touch* training and became certified in 2004 with re-certification in 2009. Dorothy is presently training to become an instructor of *Healing Touch Level 1*.

#71062

Lecture Series: The Architecture of the Prairie School

Instructor: Bob McCoy

Sign up for one or for all six lectures!

Tuesday, February 16
Thursday, February 18
Tuesday, February 23
Thursday, February 25
Tuesday, March 2
Thursday, March 4
4:00 pm—5:30 pm
Location: BC 200

► Tuesday, February 16

The Development of the Prairie Style

The development of Frank Lloyd Wright's Prairie School style up to 1908, the year of the Stockman House. See how Wright threw off the bonds of our European and Victorian past to develop a uniquely American style of architecture for our architecturally young country.

#71111

► Thursday, February 18

The Stockman House

See how Wright and his colleagues, Griffin, Mahony and Drummond came to Mason City and challenged the then prevalent contemporary vernacular house style, the Four-Square, with the Stockman House and its new floor plan. It was a little cameo of Wright's style by 1908.

#71112

► Tuesday, February 23

The Park Inn Hotel, Its Significance

Learn about the significance of the Park Inn Hotel in Wright's body of work. Discover Mason City's good fortune to have his pivotal building, containing the Park Inn Hotel and City National Bank, that epitomize Wright's public buildings in his Prairie Period, while predicting his pleasure palaces of the following decade, Chicago's Midway Gardens and Tokyo's Imperial Hotel.

#71113

► Thursday, February 25

The Park Inn, a Photographic Tour in Time and Place

See the photographic exploration of the original Park Inn Hotel and views of its restoration. See a virtual tour of the Park Inn Hotel and see the recent work being done from the original photographs, architectural working drawings and on-going archeological dig through the building's interior to computer assisted drawings of its re-birth.

#71114

► Tuesday, March 2

Walter Burley Griffin, The Development of His style up to Rock Glen/Rock Crest

In Australia, Walter Burley Griffin is called the father of modern architecture. Mason City is fortunate to contain Griffin's most mature work on this side of the Pacific Ocean. As he was beginning Rock Glen/Rock Crest here, he won the international competition for Canberra, to be their newly built capital. His houses here were approaching completion as he made his final departure from the US, on a creative journey to Australia and beyond.

#71115

► Thursday, March 4

Frank Lloyd Wright's "California Romanza"

In the 1920's Frank Lloyd Wright re-invented himself with a new style suited to the southwest. The end of World War I and the popularity of the automobile were beckoning Americans to a newly mobile kind of life in the Southwest with its arid deserts, an exotic native American past and the opportunity to invent a new architectural style in a new, rapidly growing state.

#71116

Bob McCoy and his wife, Bonnie bought a Prairie School house in Rock Glen in 1993 and became interested in Prairie school architecture and architects. When he retired from an active 30-year practice of orthopedic surgery here in 1992, he and Peggy Bang, as co-chairs of the project, became active in the restoration of the Frank Lloyd Wright-Stockman house. That interest continued as he became Chair of the Stockman House Operating Committee, a member of the national board of the Frank Lloyd Wright Building Conservancy, the Walter Burley Griffin Society of America and other organizations having to do with historic preservation of architecture. He was local chair of the national meetings of the above named organizations when they held their national meetings in Mason City in 1993 and 2003. In 2002 he was made an honorary member of the American Institute of Architects. He is involved in committees working toward the construction of an Architectural Interpretive center in conjunction with the Stockman House and with

Wright on the Park, Inc., in the process of rehabilitating "The Historic Park Inn Hotel" as a historic destination hotel.

#71117 (To Register for All 6 Lectures)

Yes You Can Learn to Read Music!!!!

Instructor: Jeanette Fahrney
Wednesdays, February 17 and 24
2:00 pm — 3:30 pm
Location: BC 219

Learn a new skill. It's amazingly easy once you understand the patterns. Learn both treble and bass clef. The second session will review and also present the study of rhythm patterns. Practice clapping the rhythms and learn the basic structures in a relaxed setting. Many people would like to join a choir or play an instrument or sing confidently in church but they never learned to read music. Don't let that be you. Music adds joy to our lives!

Jeanette Fahrney was a music major. Both her children learned to read music before they could read words. It is not hard! Jeanette has taught all of the instruments at one time or another but her major and first love is the clarinet and the woodwinds.

#71063

The Big C

Instructor: Carol Schutte
Thursday, February 25
2:00 pm—4:00 pm
Location: MH 104G

Cancer touches us all in horrific (and sometimes *inspiring*) ways. We will explore the fundamental causes of cancer - changes in DNA, and investigate the development of tumors. (This session will NOT provide medical advice or suggest treatment responses.)

Carol Schutte has been teaching biological sciences at NIACC for 22 years. She is active in state, regional, and national biology organizations, currently serving as a Director for the Iowa Academy of Science and as vice chair of the two-year section of the National Association of Biology Teachers. She teaches anatomy and physiology and other areas of biology. She has participated in a National Science Foundation-funded grant on global change in the tropics, held in Costa Rica.

#71064

Generations

Discussion facilitator: "George" (Mary Loebach Riesen)
Monday, March 8
12:30 pm—3:00 pm
Location: PC 224

Do you remember the Kennedy assassination? The bombing of Pearl Harbor? How old were you when Woodstock occurred? When Nixon resigned? When the Twin Towers fell?

The members of the Provocative Literature Study Circle invite you to an afternoon discussion of Generations, by Strauss and Howe. These two historians and consultants posit a four-generation cycle that recurs through American history, a cycle set in motion by the particular character of our Puritan ancestors. We will examine the notion of a generation and how individuals, who may be born, only a few years apart, come to identify with their age cohorts. We'll discuss the events, both secular crises and spiritual awakenings that galvanize certain generations and propel the cycle.

We'll be looking at theory, but we'll also be applying that theory by breaking into our representative generations. Where do you fit? When were you born?

GI Generation	1901-1924
Silent Generation	1925-1942
Baby Boomers	1943-1960
Generation X	1961-1981
Millennial Generation	1982- approximately 2001
Generation Z	approximately 2002-?

Through discussion of the general traits of the living generations, we'll look at the analogous generations in earlier cycles in American history and compare the authors' predictions from nearly 20 years ago with events that have transpired since the publication of the book in 1991.

No advance reading of the book is necessary to participate. A condensed version of the theories will be presented during the afternoon. Please join the Provocative Literature Study Circle for what promises to be a fascinating discussion.

"George" (Mary Loebach Riesen) Generation X, grew up on a farm near Burt, Iowa. She holds a BA from a prestigious university, taught English for a time in a boarding school on the East Coast and moved to Mason City with her husband and four children in 2002. George delights in heated discussions and is grateful to NIACC for the opportunity to enrich her life as a stay at home mother by facilitating the Provocative Literature Study Circle in the Lifelong Learning Institute.

#71065

“Resiliency in Adults: Dealing with the Challenges in Life”

Instructor: Kris Meyer
2:00 pm – 4:00 pm
Tuesday, March 9
Location: AC 101

How do people deal with difficult events that change their lives? The death of a loved one, loss of a job, divorce, serious illness, war, and other traumatic events all challenge a person’s emotional and physical well-being. Some people adapt over time to life-changing situations and stressful conditions while others fall apart completely. Why the difference? It involves resiliency skills. Regardless of age, resiliency skills are essential to personal well-being when one is faced by life’s challenges. Possessing resiliency skills to cope with traumatic events is our best defense against the emotional trauma that results from exposure to the tough times of life. Kris Meyer’s research on resiliency for her doctoral thesis will be shared with participants in this interactive class. Learn how to hone your resiliency skills to better traverse through the down times of life.

***Kristine Meyer** PhD is employed as a counselor for NIACC. She also teaches as an adjunct professor in counseling for Buena Vista University and the University of Northern Iowa. She has earned her Bachelor of Arts in Education, a Master’s of Science in Guidance & Counseling, and a Ph.D. in Educational Leadership & Policy Studies. Kris is an experienced workshop and retreat leader. She has presented throughout the Midwest, as well as in Sweden and China.*

#71066

Here Today, Gone Tomorrow, Here Again Endangered and Reintroduced Species

Instructor: Craig Zoellner
Wednesday, March 10 & March 24
5:30 pm—7:00 pm
Location: BC 200

Iowa was home to many animals and plants that are no longer flourishing in our state. Some have been reintroduced. Some are on the endangered and threatened list. Many species reintroduced or given protection through regulations are some that may surprise you such as the white-tailed deer, wild turkeys, giant Canada geese, beaver, and the bald eagle. How does this affect Iowa and the ecosystem so important to our state and our world. Learn about these species and the system of reintroducing them to their native habitat.

Recommended text: A Country So Full of Game: The Story of Wildlife in Iowa ISBN 0-87745-454-X This is an inexpensive paperback and gives a real good historical

perspective of many animals.

***Craig Zoellner** has spent more than 30 years investigating and teaching about natural communities and organisms of Iowa and other regions. At NIACC since 1992, he has taught biological and environmental sciences. His special interests and enjoyment have been leading student field experiences to; the BWCA and Northern Minnesota, the temperate rainforest of the Olympic peninsula of Washington, and the tropics of Belize. But his real passion is educating anyone, 6 to 96, about the importance and relevance of the natural world, and the role that humans have played in altering, influencing, or shaping our natural environment.*

#71067

The Brain Gym—Exercises for the Brain.

Fitness Trainers: Kalliope Jolas & Susan Nagle
Mondays: March 22 & 29
1:00 pm—2:30 pm
Location: AC 101

We have often heard the old adage of “Use it or lose it” Does this apply to the brain? If we do not continue to use our mental capabilities do we really lose them? Much has been written on this subject and also the subject of neuroplasticity—the ability of the brain to adapt and change. Can we build up a brain reserve which can be used if needed? Can we really protect ourselves against cognitive decline? This study circle is designed to stretch our brains into new thinking skills. Let’s have fun and try to reorganize and reinforce our neural network through simple brain exercises and challenges.

***Susan Nagle**, NIACC Lifelong Learning Institute Coordinator has a M.S.A. from the University of Notre Dame in Not for Profit Administration. She has a BS in Biology and Chemistry from the University of Wisconsin and a BS in Medical Technology from the University of Wisconsin. She has been involved in adult learning in both corporate and college environments and is most fascinated with the brain structure and function through the various stages of life.*

***Kalliope Jolas** has taught mathematics both at the college and high school level. She has earned a BS in Mathematics from Iowa State University and taught both at Iowa State University and NIACC. She has also taught mathematics at University High of the University of Iowa and for the Mason City school system. She has been very involved with the art community in this area both at the MacNider Museum and the Clear Lake Arts Center. She has a penchant for puzzles, maizes and memory games but does not claim to be an expert. She also has a passion for lifelong learning to keep her brain in tip top shape.*

#71058

Harmonica 101 **Back by Popular Demand!!**

Facilitator: Gary Roath
Mondays: March 22, 29, and April 5
6:30 pm—8:00 pm
Location: AC 101

Learn to play the harmonica! The big sound in a small package-- the harmonica is one of the most distinctive and versatile of musical instruments not to mention one of the least expensive and portable. Learning to play a musical instrument exercises the brain in new areas not to mention the wonderful exercise it gives your respiratory system. You will need a diatonic C harmonica which can be purchased at music stores locally. Challenge your brain, challenge your lungs and challenge our ears!!! Participants in last semester's class are welcome to register and practice and perfect their abilities. Class size limited to 18.

***Gary Roath** has been playing the harmonica since he was 8 years old and will share his tips and tricks to Lifelong Learners ready to take on the challenge of learning a new musical instrument. Gary was the Administrative VP for Allied Purchasing and plays a broad range of music on his harmonica.*

#71068

Ethical Will Part II

Instructor: Doreen Lechner
Tuesdays: March 30, April 6, 13, and 20
4:00 pm—6:30 pm
Location: PC 118

This class will reflect on topics covered in last semesters class of Ethical Will Part 1, but will focus on the autobiography, *Alicia, My Story*, an example of an ethical will in book form. Alicia is a survivor of the holocaust and was eight years old in 1938 when the war began for Poland. Her mission is to never let the story of the holocaust go unreported. Dr. Jeff Pilz will offer the class a brief historical perspective of Alicia's Poland during WWII, and the class will read and discuss *Alicia, My Story*. If possible, the class will have a telephone conference with Alicia Appleman Jurman. Students will be asked to talk about the progress on their own ethical wills and have the option of viewing the video "The Uprising" which Alicia endorses as being one of few movies that accurately portrays Jew during WWII.

***Doreen Lechner**, currently a full-time instructor at NIACC, teaches Elements of Writing and Mastery Writing classes. Her educational background began in West Branch, Iowa (birthplace of Herbert Hoover) and continued at the University of Northern Iowa where she earned a BA in English teaching and a MAE in Reading. She has*

also continued her education with classes at UNI and Iowa State University. Her teaching career began at La Porte City Jr/Sr High (now Union High School) teaching language arts classes and after earning a MAE in Reading, began teaching study skills and children's literature at NIACC. After ten years of having a commuter marriage, Doreen decided to join her husband at the farm in New Hartford and began teaching developmental reading and writing classes at Hawkeye Community College as well as children's literature and leadership classes. This past fall, after a ten year absence, Doreen has returned to NIACC, the oldest and best community college in the state of Iowa, and teaches Elements of Writing and Mastery Writing. In her spare time, she enjoys taking care of a menagerie of pets (dog, cats, and horses), playing with grandchildren, boating, bicycling, scrapbooking, card making, visiting with friends, and relaxing with her husband, Dave.

#71069

Clarinet 101

Instructor: Jeanette Williams Fahrney
Tuesdays: April 6, 20, 27, & May 4
3:00 pm—4:30 pm
Location: FA 168

Here is your chance to brush up on your skills or to learn a new skill while having fun. Dust off your clarinet, beg, borrow OR rent a clarinet from either music store. It's great exercise for your brain, your lungs and your stiff fingers. It's easier than you think!! Also learn a bit about the history of the clarinet and listen to some demonstrations. Then we will begin to make our own clarinet music. Don't wait until you get "good enough" to come—come and let's all improve and learn together. Bring the method book: *The Clarinet Student, Level One by Fred Weber and Robert Lowry*. If you have questions concerning the class or obtaining a clarinet, call the instructor.

***Jeanette Williams Fahrney** is a well-known teacher in the North Iowa area. She has taught children to adults, beginners through college level. Jeanette began her study of the clarinet at age 11 and by age 15 was accepted by Himie Voxman at the University of Iowa, a known and respected clarinet teacher throughout America and Europe. She continued to study with him during high school and college. As a music major, she was a member of the University of Iowa Band, University of Iowa Orchestra and the Cedar Rapids Municipal Band. She is one of the founding members of the North Iowa Orchestra and Band and has been a member of the Mason City Municipal Band for forty-one years. She is a member of the North Wind Woodwind Trio. Helping people love the clarinet and music has been her greatest joy.*

#71070

The Good War: The United States and World War II

Instructor: John W. Schmaltz
Wednesdays: April 7, 14, and 21
3:00 pm—5:00 pm
Location: BC 200

This course will explore the diplomatic, political, and military events of the Second World War, America's *Good War*. The causes, implications, results, and key figures of this world conflict will be discussed and analyzed as well. The class will also examine the vast human suffering that characterized World War II. Without question, the Second World War directly affected the personal stories of many Americans through family deaths or marriage or other changes resulting from this international clash. The course will attempt to provide a fuller understanding of these events.

John W. Schmaltz, Chairman, Social Science and Humanities Division and Instructor of Political Science. John is a very popular instructor as he brings history and political science to life. His classes fill quickly. His knowledge and enthusiasm for his subject is an incredible gift he shares with the Lifelong Learning Institute.

#71071

A – Tonal – Explosion

Instructor: Bill Backlin
Tuesday, April 13
3:00 pm—5:00 pm
Location: FA 168

It was a time of social unrest where music was viewed as a vibrant, yet intricate endeavor of compositional achievement. This resulted in exceptional and unexceptional musical failure, vast and abiding promise, and apparent endless incongruity. A definitive break with past conventional practices was evidenced in tonal and melodic practices that redefined music's academic, communicative, and artistic intention. Utilization of "new" and unique musical forms reflected political, socio-economical, and religious revolutions that forever challenged the fabric of Western European ideals and practices. We invite you to attend the agony and ecstasy of musical change that we fondly call, but with a degree of reservation and angst, Twentieth-Century Music.

William W. Backlin is NIACC's Evening Dean, Music Theory and Music History Instructor. Mr. Backlin attended the University of Exeter (Exeter, Great Britain, UK) and is a graduate of NIACC (AA), Drake University (BME), University of Northern Iowa (MM), and currently enrolled in Doctoral studies at Iowa State University. As an active composer, Mr. Backlin has written many commissioned musical works for NIACC, UNI, Waldorf, ICDA, North Iowa Choral Society and has re-

*ceived numerous awards in music composition from the Iowa Choral Directors Association, Iowa Composer's Forum, and Iowa Arts Council. He has also received recognition in his work concerning musical memory research where he was the recipient of "Outstanding Research Presentation" at the National Convention on Keyboard Pedagogy in 2005. In 2007, his article entitled, The Effects of Altering Environmental and Instrumental Context on the Performance of Memorized Music was selected for publication in the international journal, *Psychology of Music*.*

#71092

Pots & Pans, Cakes & Pies: The Art of Seeing

Instructor: Rev. Paul Collier
Tuesday, April 20 & 27
3:00 pm—5:00 pm
Location: BC 200

How do you talk about spirituality in art when the paintings do not contain traditionally "religious" subjects? No Madonna, no Holy Family, no Nativity or Crucifixion, no biblical scenes at all. In this class, we will explore works of the 18th century French painter Jean Baptiste Simeon Chardin, who invites us to contemplate the silent mystery of ordinary objects and discover a quiet spirituality in unexpected places. We will compare his still life and genre paintings to those of his contemporaries, Boucher and Fragonard, and his spiritual descendants, Cezanne and Thiebauld.

The Rev. Paul Collier is pastor of First Presbyterian Church, Mason City. Before coming to Mason City in 2007 he served as associate pastor in Mankato, MN, as a director of Christian education, and as an adjunct instructor in American History and English Composition in Denton, TX. A native of Texas, Pastor Paul received his BA in English from the University of North Texas and a Master of Divinity from Austin Presbyterian Theological Seminary.

#71094

You don't grow old. When you cease to learn you are old."
- Reuel L. Howe

"C.S.I." - Investigating a Crime of Violence

Instructor: William Basler
Thursday, April 29
5:30 pm— 7:30 pm
Location: BC 200

Are the CSI-type television shows authentic? Come find

Leadership Series

out. This class will discuss the proper protocol used by a criminal investigator during a crime scene investigation. Included will be topics such as crime scene security, evidence discovery and collection, laboratory analysis, and the overall mindset necessary to successfully investigate a crime of violence. (Actual crime scene photographs will be used and discussed during this presentation.)

William Basler graduated from the University of Northern Iowa in 1974, and worked as a state criminal investigator with the Iowa Division of Criminal Investigation from 1975 until 2006, primarily investigating and supervising the investigation of violent crimes. He started as an adjunct instructor at NIACC in 1995, and became the Program Leader of the Criminal Justice program in 2006.

#71095

Keeping your Computer and Files Safe

Instructor: Bruce McKee
Friday, April 23
1:00 pm—3:00 pm
Location: BC 200

Let's expand on the discussion started in a previous session and look at how to keep your computer safe while browsing the Internet. Discussion will include setting up anti-virus and anti-spyware software as well as a personal firewall and security settings, how to spot emails and scams that try to steal your personal information and considerations for safe browsing. Handouts will be provided.

Bruce McKee is the Instructional Technology Coordinator at NIACC and manages online instruction and the college websites. He has a Master of Arts degree in Instructional Technology from UNI and a BFA in Studio Arts - Motion Picture Production and Photography from the University of Minnesota. He has worked as a professional photographer and media producer and is the past-president and current board member of the Iowa Association for Communications Technology. He has been involved in distance learning and the production of instructional media and web sites for over 35 years as well as teaching photography and computer classes.

#71096

**Live as if you were to die tomorrow.
Learn as if you were to live forever.
- Mahatma Gandhi**

Tickets to the Leadership Series lecture are part of the benefits of being a member of the Lifelong Learning Institute. Guests of members may purchase their tickets in the NIACC business office for \$15. Guests may attend the reception following the lecture. Please call in to register the guest for the reception.

Leadership Series Lecture and Reception

Wednesday, April 28
7:30 pm with reception to follow
Location: Auditorium / Reception— NC 180 D & E

Richard Leider is this semester's distinguished lecturer. He is consistently rated as one of the top executive educators and coaches in the world. Forbes ranks him as one of the "Top 5" most respected executive coaches. Richard is the author of eight books, including three best-sellers, and his work has been translated into 21 languages. A pioneer and leader in the field of coaching, Richard is widely recognized for his breakthrough thinking on how to help people discover the power of purpose in work and life. His work received recognition from the Bush Foundation, from which he was awarded a Bush Fellowship to study "purposeful aging." Believing passionately that each of us is born with a purpose, he is dedicated to helping people to "discover the power of purpose." Along with his professional pursuits, Richard has led Inventure Expeditions walking safaris in Tanzania, East Africa for 25 years. Register for tickets (at no additional charge) and reception following with Richard Leider.

#71097

Something to Live For — Book Discussion

Instructor: Ann Beasley
Monday, April 26
1:00 pm—3:00 pm
Location: NC 180 B & C

Richard Leider, guru of the Living On Purpose movement, is coming to NIACC for a lecture on Wednesday, April 28, 2010. To maximize the power of his message, Lifelong Learners are invited to attend a book discussion prior to his presentation. The discussion will focus on his latest book: Something to Live For: Finding Your Way in the Second Half of Life. Finding your purpose is a powerful life-quest for all of us. Share in a lively discussion of Richard Leider's research and wisdom, while further defining your own unique purpose.

Ann Beasley, NIACC's Career Counselor, received a B.A. in English from Luther College. She also has a M.A. in College Student Personnel and Counseling. After

working at the University of Iowa and raising three children, she joined the NIACC family where she has taught Career Decision Making for several years, as well as Job Seeking Skills and Strategies for Academic Success. Ann is also a Certified Career Coach and the instructor of the Living on Purpose course for the Lifelong Learning Institute.

#71098



Leadership Series, Richard Leider --Follow Up Discussion

Instructor: Ann Beasley
Tuesday, May 4
5:30 pm—6:30 pm
Location: AC 101

Lifelong Learners may also attend a follow-up discussion group after Richard Leider's Leadership series presentation. Let's take it a step further and discuss ways to integrate his lessons into our lives.

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#71099



**The man who graduates today
and stops learning tomorrow
is uneducated the day after.**
-Newton D. Baker
(Secretary of War under W. Wilson)

STUDY CIRCLES

Study circles are small-group, highly participatory discussions in which members learn and discuss together. A facilitator keeps discussion flowing and on track. Reading or other materials are often used to stimulate dialogue. Between meetings, participants read or work on materials to prepare for the next meeting.



Study Circle: Classics of American Literature Democracy in America

Facilitator: Bennett Smith
Thursdays: January 21—Introduction
(Circle will meet the 1st and 3rd week of the month till May 20)
6:00 pm— 7:30 pm
Location: Clear Lake Public Library meeting room

Classics of American Literature is a series that looks at some of the books that have had a profound influence on American history, culture and politics. Works like Common Sense, Democracy in America, Walden, and the Federalist Papers are central to our understanding of American history, and have stood the test of time.

This study circle focuses on the classic, "Democracy in America" by Alexis de Tocqueville. Long regarded as a classic, this work will be our focus for the semester. The edition we will use is published by Penguin Classics. Group limited to 18.

Bennett Smith is a property manager in Clear Lake, Iowa. He holds a Bachelor of Science degree in Speech Communication from Iowa State University, and a Masters degree from Colorado Christian University in Biblical Counseling. He has also done graduate work at Dallas Theological Seminary in Christian Education, and at the University of Iowa in Social Foundations of Education. Bennett has a passion for literature, and the impact it can have on our lives and communities.

#71100

Study Circle: American Religious History Part 3 -- 20th Century

Facilitator: Rev. Brent Hamilton
Thursdays: January 21, February 4, 11, 25, March 4, 11, 25, April 1, 15, 22, 29, and May 6
Time: 12:45 p.m. – 2:15 p.m.
Location: Borealis Meeting Room
316 North Federal Avenue
Mason City, Iowa

Let's embark on a journey through American History by way of the religious movements and the establishment of religious institutions in America. Peter William's text, *America's Religions: From Their Origins To The Twenty-First Century*, will serve to guide our overall study and discussion. However, the interests of the members of this study circle will also serve to guide us to interesting points along our journey and to provide us with exciting supplemental research opportunities. Group limited to 15 with previous participants given first opportunity to register.

Rev. Brent Hamilton, a NIACC Mathematics Instructor since 1999 and faculty advisor for the NIACC student Campus Ministry Association. In addition to math classes, he teaches a service learning course entitled *Social Responsibility and Community Service* and works in the local community through his church. He is a commissioned deacon in the United Methodist Church. Deacon Studies, Garrett-Evangelical Theological Seminary, M.S., Mathematics, Iowa State University, B.S., Mathematics, University of Dubuque

#71101



Study Circle: American Leaders Thomas Paine: The Forgotten Founder

Facilitator: Bennett Smith
Mondays: January 25 - Introduction,
(2nd and 4th Monday of the month through May 10)
6:00 pm— 7:30 pm
Location: PC 224
Group is limited to 15

American Leaders is a series that looks at some of the transformative individuals who have had a dramatic impact on American history. Tom Paine certainly fits that description. His writings influenced the American Revolution, as well as the French Revolution, and yet most people have no idea who he is or the enormous contributions he made to the founding of our republic. His ability to communicate to the common person of his time the great enlightenment ideas of the "rights of man" created a dramatic inflection point in how we all relate to government, and continue to influence our politics and culture.

We will examine some of his seminal writings, including *Common Sense* and *The Rights of Man* as well as material from other sources. The aim of this study circle is to discover anew the contributions that Paine made to America and some of the controversy that surrounds his legacy. A recommended reading list will be handed out at the introductory first session.

Bennett Smith is a property manager in Clear Lake, Iowa. He holds a Bachelor of Science degree in Speech Communication from Iowa State University, and a Masters degree from Colorado Christian University in Biblical Counseling. He has also completed graduate work at Dallas Theological Seminary in Christian Education, and

at the University of Iowa in Social Foundations of Education. Bennett has a passion for literature, and the impact it has on our lives and communities.

#71102

The Writers' Study Circle

Facilitator: Richard Schinnow
Wednesdays: January 27—February 24
11:30 am—1:00 pm
Location: Borealis
316 North Federal Avenue
Mason City, Iowa

From novice to experienced and even published writers, the circle provides an opportunity to share journals, lyrics, poetry, short stories, memoirs, articles, and almost any other kind of writing with a group of interested peers in a setting which emphasizes participation over criticism. Here's your chance to finally "get it down on paper" and hear how your "story" connects with others. This is a very independent group with members working on various writing projects. The group provides an impetus to write and a comfortable forum to get feedback and ideas. Group is limited to 12 with previous participants given first opportunity to register.

Richard Schinnow, Emeritus Instructor of English at North Iowa Area Community College.

#71104

Study Circle—Provocative Literature: Swords and Machetes — Late 19th Century British Adventure Literature

Facilitator: "George" (Mary Loebach Riesen)
Thursdays: February 4, 11, 18, 25, March 4 & 11
10:30 am—12:00 noon
Location: Borealis
316 North Federal Avenue
Mason City, Iowa

Swashbuckling swordplay and a perilous journey into an extinct African volcano; a desperate attempt to impersonate a king and a quest to revenge a millennia-old murder; an unattainable princess and She-who-must-be-obeyed.

Join the Provocative Literature Study Circle for a romp through two of the most famous examples of late 19th century British adventure literature: Anthony Hope's *The Prisoner of Zenda* and H. Rider Haggard's *She*. What about these works has kept generations of young readers captivated, and why do the texts still resonate with us today? What cultural myths do they reinforce, and what are the darker consequences of the attitudes that produced this seemingly light fare?

Participants in this Study Circle will be delving into late Victorian attitudes toward the role of males and females in society, the questions of good versus evil, the role of monarchies in central Europe and that era's fascination with all things Egyptian. Join us for an examination of the European powers' scramble to colonize Africa and their treatment of the indigenous peoples. We will discuss the role of science in the Victorian worldview, particularly the field of anthropology and the (mis)application of Darwin's theories. Finally, we will be considering World War I, both as a product of the attitudes evinced in the novels and as the cataclysm that brought an end (at least temporarily) to the writing of British adventure literature. Group size is limited to 15 with previous participants given first chance at registration.

Participants are encouraged to read the above texts before the first class. The Circle will meet on a date, to be determined by its members, for popcorn and movies based on the novels.

"George" (Mary Loebach Riesen) grew up on a farm near Burt, Iowa. She holds a BA from a prestigious university, taught English for a time in a boarding school on the East Coast and moved to Mason City with her husband and four children in 2002. George delights in heated discussions and is grateful to NIACC for the opportunity to enrich her life as a stay at home mother by facilitating the Provocative Literature Study Circle in the Lifelong Learning Institute.

#71103



Study Circle: Poetry, A Sampler: Ballads, Family, War, Animals

Instructor: Diana Cameron
 Wednesdays: March 3, 10, 24, & 31
 1:30 pm—3:00 pm
 Location: BC 219

Ballads – We will begin with Sir Patrick Spens and end with Johnny Cash and the Dixie Chicks, or thereabouts

Family – As multitudinous as familial relationships are the poetic meditations thereon

War – As thought on by those who lived it, as combatants, or “collateral damage,” or celebrants, or protestants, or elegists

Animals – The ways in which we (Plato’s “featherless biped”) intersect with, impinge upon, learn from, are graced by, others of the animal kingdom

Diana Cameron has been an instructor in the Communications Division at NIACC since 1997, teaching Elements of Writing, Composition and Speech, and Introduction to Poetry and Drama. She has Master’s Degrees in Comparative Literature and English, from the Univer-

sity of Chicago and Tulane University, respectively, and a J.D. from Loyola University New Orleans School of Law. She is one of two faculty advisors for the NIACC Literary Club.

#71105

MEMBER DISCUSSIONS

Something new! LLI has purchased lecture series DVD's of Great Courses from distinguished professors at colleges and universities across the nation. Members can sign up for small groups. The group will view the lecture and using the discussion questions provided, will discuss the subject. This venue will offer members a chance to get to know other members of the Institute in small group settings while learning topics of interest. There is not a text ---just watch, learn and discuss. Groups will consist of 10 members. Dates and times can be added if interest is shown. If the times listed do not work for some members and members are interested, new groups can be formed at different times. i.e. a morning Philosophy group or an evening World Religion Islam.



Great World Religions: Islam

Tuesdays: February 2 (Meets for 6 weeks)
 1:00pm— 2:30 pm
Other dates and times will be determined by number of members interested.
 Location: AC 213

Islam is the second largest and fastest-growing world religion yet many in the West know little to nothing about the faith and are only familiar with the actions of the extremists. Listen to Professor John L. Esposito, University Professor, Professor of Religion and International Affairs and Professor of Islamic Studies at Georgetown University. He is author of more than 25 books and editor-in-chief of the Oxford History of Islam.

#71106

**Anyone who stops learning is old,
 whether this happens at
 twenty or eighty.
 -Harvey Ullman**

Great World Religions: Hinduism

NEW

Tuesdays: February 2 (Meets for 6 weeks)
1:00- 2:30 p.m.

Other dates and times will be determined by number of members interested.

Location: AC 212

This series moves chronologically through the history of Hinduism, from its earliest precursors to modern times. Professor Mark W. Muesse is Associate Professor of Religious Studies at Rhodes College in Memphis, Tennessee. He is the author of many articles, papers and reviews in comparative religions and theology and has co-edited a collection of essays titled Redeeming Men: Religion and Masculinities.

#71107

The Great Ideas of Philosophy, 2nd Edition

NEW

Wednesdays: February 3 (Meets for 6 weeks)
1:00 pm—2:30 pm

Other dates and times will be determined by member interest.

Location: AC 212

This course is intended to introduce the student to main issues in Philosophical thought from the founding of the subject in ancient Greece to contemporary studies. Lectures are organized around three problems: 1. The problem of knowledge; 2. The problem of conduct; 3. The problem of governance. Professor Daniel N. Robinson is a member of the Philosophy faculty at Oxford University. He is Distinguished Professor Emeritus at Georgetown University and formerly lectured at Columbia University.

#71108

NEW

Great World Religions: Buddhism

Thursdays: March 25 (Meets for 6 weeks)
9:00 am—10:30 am

Other dates and times will be determined by number of members interested.

Location: AC 212

This member led discussion will trace the 2,500 year history of an important world religion. The lectures that will be watched will introduce an astonishing vitality and adaptability of a tradition that has transformed a wealth of Asian civilization and is growing component in many cultures of the Western world. Professor Malcom David Eckel is Associate Professor of Religion at Boston University. He earned the Metcalf Award for Teaching Excellence.

#71109

Performance Previews

What a way to enhance a performance!! Meet with the cast or crew of the performance company just prior to the production. Learn some of the inside scoop which will help to make the performance more meaningful. Lifelong Learning Institute members can register a guest to attend these previews. Members and guest can attend this function with or without tickets to the performance. Tickets to the performance can be purchased through the NIACC Business Office at (641) 422-4188.

Avenue Q

Thursday, March 25
6:30 pm—7:30 pm

Location: NC 180 A—D

Arrive early for this performance and take part in a discussion by some of the cast of this well known musical production. Avenue Q opened off-Broadway at the Vineyard Theatre in March 2003, where it gained rave reviews and was extended four times.

#71110

Membership/Registration Application

Phone registration: 641-422-4358

Fax registration: 641-422-4112



Applicant Information

What kind of application is this?

New Membership

Already a Member

Last Name First Name Middle Name

Social Security #

Today's Date

Mailing Address

City

St

Zip

Male

Female

Daytime Phone Evening Phone Fax Number

Birth Date

May we contact you by email? Yes No

Email Address

New Member Payment Information Your payment **MUST** accompany this form.
(Membership is for two semesters. Fall and Spring or Spring and Fall. Classes are not offered in the summer session.)

Check—Please enclose check for \$99 made payable to **NIACC**

Credit Card— We accept VISA, MasterCard or Discover. Please complete the following:

Please charge my: VISA MasterCard Discover

Account Number: _____ Expiration Date: _____

Cardholders Name: _____ Card Verification Number*: _____

Signature: _____ Amount to be Charged \$ _____

*REQUIRED: The card verification number (CVN) on VISA and MasterCard charge cards follows the card number written on the signature strip on the back of the card.

Please Phone, Mail or Fax your application to:

NIACC Lifelong Learning Institute, Continuing Education Division, 500 College Drive, Mason City, IA 5040

Registration: Check below all activities that you would like to attend.

Semester Kick-Off Course #71118	Generations Course #71065	Leadership Series: Richard Leider-Follow up Course #71099
The Alzheimer's Project Documentary Course #71057	"Resiliency in Adults: Dealing with the Challenges in Life" Course #71066	Study Circle: Classics of American Literature—Democracy in America Course #71100
Meet Charles Darwin Course #71059	Here Today, Gone Tomorrow, Here Again Endangered and Reintroduces Course #71067	Study Circle: American Religious History Part 3—20th Century Course #71101
Oil/Acrylic Paining 101 Course #71060	The Brain Gym—Exercises for the Brain Course #71058	Study Circle: American Leaders-Thomas Paine: The Forgotten Founder Course #71102
Healing Touch—Energy Therapy Course #71062	Harmonica 101 Course #71068	The Writers' Study Circle Course #71104
Lecture Series: The Architecture of the Prairie School—All 6 Lectures Course #71117	Ethical Will Part II Course #71069	Study Circle: Provocative Literature Swords and Machetes-British Adventure Lit. Course #71103
(1) The Development of the Prairie Style Course #71111	Clarinet 101 Course #71070	Study Circle: Poetry, A Sampler: Ballads, Family, War, Animals Course #71105
(2) The Stockman House Course #71112	The Good War: The US and World War II Course #71071	Great World Religions: Islam Course #71106
(3) The Park Inn Hotel, Its Significance Course #71113	A-Tonal—Explosion Course #71092	Great World Religions: Hinduism Course #71107
(4) The Park Inn, a Photographic Tour in Time and Place Course #71114	Pots & Pans, Cakes & Pies: The Art of Seeing Course #71094	The Great Ideas of Philosophy-2nd Edition Course #71108
(5) Walter Burley Griffin, The Development of his Style up to Rock Glen/Rock Crest Course #71115	"CSI" - Investigating a Crime of Violence Course #71095	Great World Religions: Buddhism Course #71109
(6) Frank Lloyd Wright's "California Romanza" Course #71116	Keeping your Computer and Files Safe Course #71096	Avenue Q Course #71110
Yes You Can Learn to Read Music!!! Course #71063	Leadership Series Lecture and Reception Course #71097	
The Big C Course #71064	Something to Live for-Book Discussion Course #71098	



North Iowa Area Community College
500 College Drive
Mason City, IA 50401



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