



SAMPLE SCHEDULE  
**EXERCISE SCIENCE / HUMAN PHYSIOLOGY- AA Degree**  
 Suggested Sequence of Classes

<b>First Semester</b>			<b>Second Semester</b>		
ENG-102	Composition & Speech I	4	ENG-103	Composition & Speech II	4
MAT-121	College Algebra* (or MAT-210 Calculus I*)	4	BIO-203	Biology II	4
BIO-202	Biology I	4	CHM-154	College Chemistry II+ (or CHM-176 Gen. Chemistry II)	5
CHM-153	College Chemistry I+ (or CHM-166 Gen. Chemistry I)	5	PSY-111	Introduction to Psychology	3
SDV-199	College Essentials	1			
<b>Total</b>		<b>18</b>	<b>Total</b>		<b>16</b>
<b>Third Semester</b>			<b>Fourth Semester</b>		
BIO-206	Anatomy & Physiology I	4	BIO-207	Anatomy & Physiology II	4
PHY-162	College Physics I	4	PHY-172	College Physics II	4
SOC-110	Intro to Sociology	3	Humanities Classes		6
Humanities Class		6	Social Science Class		3
<b>Total</b>		<b>17</b>	<b>Total</b>		<b>17</b>

***Note: Please check with transfer institution for their specific requirements and check with a NIACC counselor/advisor for further transfer planning.***

\*Appropriate math level needed before enrolling in any math class. See NIACC catalog for course placement information

-Taking CHM-263 & CHM-273 Organic Chemistry I & II; BIO-151 Nutrition; MAT-156 Intro to Statistics; BCA-101 Intro to Computers ; PEH-111 Personal Wellness may also be required depending on transfer institution.

+Chemistry & math level required is dependent on transfer institution and varies. Please check with your transfer institution for specific requirements.

\* Other recommended electives: Med. Term II, Microbiology, Abnormal Psychology

\*More natural sciences are listed beyond what is required for an AA Degree. \*\*Check with transfer institution to determine if an AS Degree is appropriate for transfer.

- AA Degree meets the General Education Requirements for the College of Liberal Arts at most transfer institutions.
- Check with transfer institution for Foreign Language & Diversity Requirements.
- Admission requirements vary from institution to institution. Contact the transfer institution for assistance.
- Suggested schedule dependent on entry level of student.

Note: Some students major in Exercise Science as a pre-graduate program. Check the course requirements for admission to your graduate program if this is your goal. **Course requirements for Exercise Science may vary depending on Exercise Science Track you've chosen.**