SAMPLE SCHEDULE

HEALTH FITNESS MANAGEMENT (IOWA STATE)

Suggested Sequence of Classes

First Semester		Second Semester	
ENG-102 Composition & Speech I	4	ENG-103 Composition & Speech II	4
MAT-121 College Algebra	4	BIO-151 Nutrition	3
PSY-111 Intro to Psychology	3	PSY-121 Developmental Psychology	3
MGT-220 Intro to Sport Management	3	MGT-221 Current Issues in Sport	3
BCA-101 Intro to Computers & Information Systems	3	Humanities Class	3
SDV-100 Orientation to College	0		
Total	**17**	**Total**	**16**
Third Semester		**Fourth Semester**	
BIO-206 Anatomy & Physiology I	4	BIO-207 Anatomy & Physiology II	4
PHI-105 Intro to Ethics	3	ECN-130 Principles of Microeconomics	3
ECN-120 Principles of Macroeconomics	3	MAT-156 Intro to Statistics	3
PHY-106 Survey of Physics	4	MGT 225 Internship/Sport Mgt	1-2
Elective	2-3	Humanities Class	3
Total	**16-17**	**Total**	**14-15**

Note: Please check with transfer institution for their specific requirements and check with a NIACC counselor/advisor for further transfer planning.

*Appropriate math level needed before enrolling in any math class. See NIACC catalog for list of courses.

Suggested Elective:
Care & Prevention of Athletic Injuries

- AA Degree meets the General Education Requirements for the College of Liberal Arts at most transfer institutions.
- Check with transfer institution for Foreign Language & Diversity Requirements.
- Contact the transfer institution for admission requirements.
- Suggested schedule dependent on entry level of student.