



SAMPLE SCHEDULE  
**Health Promotion / Community Health**  
 Suggested Sequence of Classes

<b>First Semester</b>		<b>Second Semester</b>	
ENG-102 Composition & Speech I	4	ENG-103 Composition & Speech II	4
MAT-156 Intro. to Statistics*	3	PSY-121 Developmental Psychology <sup>^</sup>	3
PSY-111 Intro. to Psychology	3	BCA-101 Intro to Computers	3
BIO-151 Nutrition	3	Humanities class	3
PEC-127 Care & Prev. Athl. Injuries <sup>^</sup>	2	Suggested elective	3
SDV-199 College Essentials	1		
<b>Total</b>	<b>16</b>	<b>Total</b>	<b>16</b>
<b>Third Semester</b>		<b>Fourth Semester</b>	
BIO-206 Anatomy & Physiology I <sup>^</sup>	4	BIO-207 Anatomy & Physiology II	4
ECN-120 Macroeconomics	3	ECN-130 Microeconomics	3
MKT-110 Principles of Marketing	3	SOC-110 Intro to Sociology	3
PEH-140 First Aid, CPR, AED	1	Humanities class	3
Humanities class	3	Suggested elective	3
<b>Total</b>	<b>14</b>	<b>Total</b>	<b>16</b>

**Note: Please check with transfer institution for their specific requirements and check with a NIACC counselor/advisor for further transfer planning.**

\*Appropriate math level needed before enrolling in any math class. See NIACC catalog for course placement information.

-CHM-153 & CHM-154 College Chemistry I & II, MAT-121 College Algebra; BIO-202 & BIO 203 Biology I & II, & PHY-106 Survey of Physics may be required for this major at some transfer institutions. Check with your transfer institution for specific course requirements.

<sup>^</sup> A coaching certificate can be earned by taking: PEC-110 Coaching Ethics, Techniques, & Theories (1 s.h.), along with courses that are already listed in the sample schedule above.

- AA Degree meets the General Education Requirements for the College of Liberal Arts at most transfer institutions.
- Check with transfer institution for Foreign Language & Diversity Requirements.
- Admission requirements vary from institution to institution. Contact the transfer institution or check with a NIACC counselor/advisor for assistance. Some programs have selective admission.
- Suggested schedule dependent on entry level of student.

**Suggested electives:**  
 PET-135 Personal Training  
 PEH-221 Intro to Leisure Services  
 BUS-161 Human Relations  
 ACC-111 Intro to Accounting  
 PEH-191 Sports Nutrition  
 PEH-261 Physical Activity for Health & Fitness  
 PEH-144 Human Mvmt Science  
 PEH-111 Personal Wellness  
 Entrepreneurship classes  
 Physical Activity classes