



SAMPLE SCHEDULE
PHYSICAL EDUCATION - AA Degree
 Suggested Sequence of Classes

First Semester			Second Semester		
ENG-102	Composition & Speech I	4	ENG-103	Composition & Speech II	4
MAT-121	College Algebra or higher*	4	PEH-161	Intro to Phys. Ed.	2
PSY-111	Intro to Psychology	3	PSY-121	Developmental Psychology	3
EDU-216	Intro to Teaching	3	HIS-151/152	US History	3
EDU-219	Field Experience & Seminar	1	PEH-140	First Aid, CPR, AED	1
SDV-199	College Essentials	1	Elective		3
Total		16	Total		16
Third Semester			Fourth Semester		
BIO-206	Anatomy & Physiology I	4	BIO-207	Anatomy & Physiology II	4
MAT-156	Intro to Statistics	3	PHY-106	Survey of Physics	4
PSY-223	Child/Adol Psychology	3	SOC-110	Intro to Sociology	3
PEC-127	Care & Prev Athl Injuries	2	Humanities elective		3
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Total		16	Total		14

Note: Please check with transfer institution for their specific requirements or check with a NIACC counselor/advisor for further transfer planning.

*Appropriate math level needed before enrolling in any math class. See NIACC catalog for list of courses.

Suggested electives:

- PEH-111 Personal Wellness
- PEH-144 Human Movement Science
- PEC-161 Sports Officiating
- BCA-101 Intro to Computers

- If the following sample schedule is followed, an AA degree would be earned. AA degree meets the General Education Requirements for the College of Liberal Arts at most transfer institutions.
- Check with transfer institution for Foreign Language & Diversity Requirements.
- Admission requirements vary from institution to institution. Contact the transfer institution for assistance.
- Suggested schedule dependent on entry level of student.
- Along w/ BIO-206, PEC-127 & PSY-121, students can take PEC-110 to earn a **Coaching Certificate**. *Ask for a packet of information.
- Some transfer institutions may have competitive enrollment. Check with specific colleges to learn more about program entrance requirements.