

PHYSICAL EDUCATION Area of Specialization

K-8

Completion of 24 semester hours in Physical Education to include course work in Human Anatomy, Human Physiology, Movement Education, Adaptive Physical Education, Human Growth and Development of Children related to Physical Education, First Aid and Emergency Care.

Students completing this endorsement will take 7E:127 Methods and Materials: Physical Education and Health for Elementary Teachers for 3 s.h (this course does not apply to the 24 s.h. required below).

Required:

27:053	Human Anatomy	3 s.h.
27:130	Human Physiology	3 s.h.
27:197	Biomechanics of Human Motion	4 s.h.
7E:130	Adaptive Physical Education for the Classroom Teacher	2 s.h.
27:117	Human Growth and Motor Development	3 s.h.
28:032/27:056	First Aid & CPR	2 s.h.

Choose 7 s.h. from the following courses:

27:140	Exercise Physiology for Practitioners	3 s.h.
28:030	Principles of an Exercise Class	2 s.h.
28:031	Health Related Muscular Fitness (This course will be open to elementary majors at the end of the early registration period.)	2 s.h.
28:038	Understanding Food and Nutrition (Students wishing to register for this course should contact Carol Girdler to obtain permission)	3 s.h.
28:075	Health in Everyday Life	3 s.h.
28:076	Psychological Aspects of Sport and Physical Activity	3 s.h.
28S:021	Flexibility	1 s.h.
410:067	Team Building – Challenge Course	1 s.h.