SPRING 2024 **Ifelong** LEARNING INSTITUTE

Connections



Community



Interests



Conversation

Learn

The Spanish-American War Veterans Day By Bennett Smith, M.A. 2022



NIACC

Explore

reNEW • reVITALIZE • reINVENT

ABOUT THE LIFELONG LEARNING INSTITUTE

NIACC offers you the opportunity to become a member of the Lifelong Learning Institute, a community of adults, 18 years and older, who learn for the joy of learning without grades, tests, papers, or long-term classes. The Lifelong Learning Institute has members of all educational backgrounds and provides the perfect way to expand knowledge while meeting other like-minded adults. Learn something you never had the chance to study. Discuss topics that interest you. Take a class that stretches your mind and teaches you new ways of thinking. *Renew, Revitalize, and Reinvent yourself*!

REGISTER AS SOON AS YOU GET THE CATALOG THIS YEAR!!!

WAYS TO REGISTER

1. Online registration is available at niacc.augusoft.net

To watch a video on how to register online, see the QR code to the right.

- 2. Drop your registration sheet off at the Continuing Ed office in the Activity Center
- 3. Call 641-422-4358 to become a member and/or register.
- Fill out the membership page at the back of the catalog, select the classes that you would like to attend send your application and membership fee to: NIACC Lifelong Learning Institute - 500 College Drive, Mason City, IA 50401.
- 5. You may also fax your registration to (641) 422-4112 as another option.

KICK OFF SPRING 2024 - JANUARY 31, 2024 - MUSE NORRIS CONFERENCE CENTER

Welcome to another spring semester! At the kick-off, you will learn about the Lifelong Learning Institute and the many benefits membership offers. Join us to hear short descriptions from many of the instructors. You can register for classes before the kick-off this year, but if you haven't registered yet, you can drop off your registration page at our office or bring it to the kick-off.

I encourage you to take this unique opportunity to find out more about the LLI program by calling today at 641-422-4358. You can also call this number or go to our website to register if you are unable to attend the kickoff event. I encourage you to bring a friend or two! This event is free and open to the public.

Membership will be per semester rather than for one year. With your \$59 membership fee, members, 18 years and older, have access to a semester of classes. When you join, your membership will entitle you to sign up for classes for the spring 2024 semester which runs January-August with classes finishing up in May.

Charles City and Garner will have open house events. Garner will be on Tuesday, January 30 and Charles City will be on Thursday February 1, 2024.

LIFELONG LEARNING INSTITUTE ADVISORY BOARD MEMBERS

Ann Beasley Midge Gaylor Robert Lembke Susan Nagle

George Riesen Dennis Wilson



SCAN QR CODE WITH YOUR CAMERA APP for more info!

A MESSAGE FROM THE LIFELONG LEARNING COORDINATOR



Connections. Human connection is a vital part of our ability to thrive. As we travel through life we build many connections with others; some last for a season, others last for our entire lives. This is a social aspect of human life. It is a need. It keeps us healthy. These connections keep us grounded. We can

learn who we are and who we are not. They offer the opportunity to step out of our comfort zone for new connections and yet we can be completely engulfed in contentment with our lifelong connections. Through this Lifelong Learning program, I have watched and observed the positive implications of this community of learners. We connect over shared interests in learning but also through trials and valleys. I have overheard conversations of support and encouragement, condolence and congratulations. There are invitations to coffee and offerings to drive, pick up, or check-in. We can unite by overlooking age, race, gender, or political party. Some have been part of Lifelong Learning since the beginning. Others are new faces eager to become a part of the community. Through old connections and new connections, there's something very special about NIACC's Lifelong Learning Institute.

Pyon Childress Community Education and Lifelong Learning Coordinator

First Citizens Bank is pleased to serve as a sponsor of NIACC's Lifelong Learning Institute as the college commences its second century of service to North Iowa. The Institute continues to grow under strong leadership and provides citizens of North Iowa with excellent lectures presented by local skilled, informed individuals, and often members of NIACC faculty. A broad-based curriculum offers continuous learning on topics such as history, the environment, the arts and humanities, the sciences, and contemporary world politics.

First Citizens has a rich history of collaborating with NIACC and encouraging individuals to learn. Please take advantage of the many opportunities available to expand your intellect and at the same time to form friendships with other North lowans.



O. Jay Tomson Chairman of the Board, First Citizens Financial Corp.

> First Citizens Bank is the proud sponsor of NIACC's Lifelong Learning Institute





ABOUT THE LIFELONG LEARNING INSTITUTE

NIACC offers you the opportunity to become a member of the Lifelong Learning Institute, a community of adults, 18 years and older, who learn for the joy of learning without grades, tests, papers, or long-term classes. The Lifelong Learning Institute has members of all educational backgrounds and provides the perfect way to expand knowledge while meeting other like-minded adults. Learn something you never had the chance to study. Discuss topics that interest you. Take a class that stretches your mind and teaches you new ways of thinking. Renew, Revitalize, and Reinvent yourself!

PROGRAM POLICIES AND MEMBER INFORMATION

MEMBERSHIP - FULL MEMBERSHIP

The Lifelong Learning Institute is a membership organization for learning. Members, 18 years and older, join with their registration fee of \$59 per semester. That \$59 provides a member with one semester of classes. Once a person has joined LLI, they are considered a member of the Institute and are eligible for special benefits. With the full membership, members may attend classes in Mason City, Charles City, Garner and Online.

CHARLES CITY AND GARNER MEMBERSHIP

There is another membership option for those living in or near Charles City and Garner. For a fee of \$25, this membership will allow you to attend all the classes in Charles City or Garner and anything offered online. If you'd like to attend Mason City classes you'll want to purchase the full membership.

MEMBERSHIP BENEFITS

Members must attend at least 2 classes to receive benefits

- Student I.D.
- Library orientation and use
- Passes to athletic events
- Performing Arts Previews/Post views, when available
- Continuing Education computer classes at half price, when available
- One semester of classes
- Use of the NIACC recreation center with active class registration

HOW TO REGISTER

- 1. Online registration is available at niacc.augusoft.net
- 2. Call 641-422-4358 to become a member and/or register.
- 3. Fill out the membership page in the back of the catalog, select the classes that you would like to attend, send your application and membership fee to:

NIACC Lifelong Learning Institute 500 College Drive, Mason City, IA 50401.

- 4. Fill out the membership page in the back of the catalog, select the classes that you would like to attend, drop it off in the Continuing Education office at NIACC
- 5. You may also fax your registration to (641) 422-4112 as another option.

VOLUNTEER OPPORTUNITIES

The members of the Lifelong Learning Institute participate in many volunteer activities. The Institute works with the RSVP program at NIACC to promote reading in the elementary schools. Volunteers are on-air readers of the Globe Gazette to the print impaired through IRIS, and they are docents for the Historic Park Inn and the Stockman

House. To become involved in any of these programs, contact Dyan Childress at her office phone number (641) 422-4271 or email her at dyan.childress@niacc.edu.

EMAIL

Email is our most often-used form of communication to you. Please check your email frequently for messages from us.

CANCELLATION POLICY

If you can't go, let us know.

If you have registered for a class and find that you cannot attend, please call (641) 422-4358 as soon as possible. If you can the day before at the latest, it would be ideal. We expect cancellations as LLI members are very busy. Sometimes there is a waitlist for classes, and you will be helping another member to attend if they can take the class that no longer works with your schedule.

INCLEMENT WEATHER POLICY

The Lifelong Learning Institute will follow the NIACC weather guidelines. When NIACC is closed due to inclement weather, Lifelong Learning Institute classes will also be canceled both on and off campus. If the weather is questionable, please err on the side of safety. Tune in to your local television or radio stations for closing announcements. We will also try to send email notices when possible.

LLI PHOTOGRAPHS

Please be aware that LLI activities may be photographed. These are used in brochures, newsletters, our website, or other promotional material. In addition, the media may take pictures or videotape events and classes. If you have concerns about photos or video images taken by LLI, please contact Dyan Childress at (641) 422-4271 or dyan. childress@niacc.edu.

DONATIONS

The Lifelong Learning Institute accepts donations to offset the cost of the Institute. All donations should be made to the NIACC Foundation in the name of the Lifelong Learning Institute. Donations are tax-deductible.

LLI SCHOLARSHIPS FOR NIACC STUDENTS

The Lifelong Learning Institute provides a semester scholarship to a deserving NIACC credit student. The scholarship is funded through the generous giving of LLI members. Please contact the NIACC Foundation if you would like to provide a scholarship to a deserving student.

JAN/FEB

KICK-OFF COFFEE MASON CITY

Instructor: Dyan Childress Day: Wednesday Date: January 31, 2024 Time: 1:00 - 3:00 PM Location: Muse Norris Conference



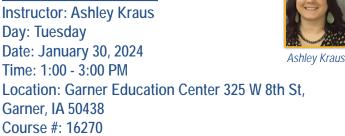
Dyan Childress

Location: Muse Norris Conference Center NC180 Course #: 16269

Welcome to the spring semester kick-off coffee! You will learn about the Lifelong Learning Institute and the many benefits membership has to offer. Join us to hear several of the instructors give short in-person descriptions of their classes. Pre-register online or bring your registration page to the Continuing Ed office and we will get you registered for your classes. I encourage you to take this unique opportunity to find out more about the LLI program by calling today at 641-422-4358. I encourage you to bring a friend or two! This event is free and open to the public. If you are unable to attend the kickoff event, you can also call our number or go to our website to register.

LIFELONG LEARNING INSTITUTE

OPEN HOUSE - GARNER



LIFELONG LEARNING INSTITUTE

<u>OPEN HOUSE – CHARLES CITY</u> Instructor: Wendi Coen Ward Day: Thursday Date: February 1, 2024 Time: 1:00 - 3:00 PM Location: Charles City NIACC Center Course #: 16271



Wendi Coen Ward

Welcome to Lifelong Learning! Stop in any time during the open house to learn about the Lifelong Learning Institute and the many benefits membership has to offer. Meet our coordinators and find out about the classes offered this semester. Pre-register online or bring your registration page and we will get you registered for your classes. I encourage you to take this unique opportunity to find out more about the LLI program by calling today at 641-422-4358. I encourage you to bring a friend or two! This event is free and open to the public. If you are unable to attend this open house, you can also call this number or go to our website to register.

ETC: BRIDGE

Instructor: Member Led Day: Tuesdays Dates: February 6, 13, 20,27, March 5, 12, 19, 26, April 2, 9, 16, 23, 30, May 7, 14, 2024 Time: 10:00 - 12:00 PM Location: Activity Center AC Commons Course #: 16272

Bridge: A card game and a way to build community with others. Meet with fellow bridge players to keep your mind active while having fun. Score sheets will be provided. Please bring your own deck of cards. Prior knowledge is helpful.

ETHICS

Instructor: Alan Steckman Day: Tuesdays Dates: February 6, 13, 20, 2024 Time: 2:00 - 3:30 PM Location: Papajohn Center PC117 Course #: 16279



Alan Steckman

What are ethics? What makes up a Code of Ethics? Are my everyday ethics normal? Is there a universal code? What are typical ethical decisions that anyone can face? We'll cover your questions about ethics. This will be an interactive session. Enroll this term and learn, discuss, and argue the basics.

Alan Steckman will lead the discussions about ethics. Alan has an MBA from Drake University and has taught Business Ethics at Waldorf College. The topic of ethics has recently become contentious because of political questions.



CONNECTIONS *Through Learning*

BETTE DAVIS – MASON CITY

Instructor: Scott Bertelsen Days: Wednesday Dates: February 7, 2024 Time: 10:00 - 11:30 AM Location: Activity Center AC101 Course #: 16285



Scott Bertelsen

BETTE DAVIS – GARNER

Instructor: Scott Bertelsen Days: Wednesday Dates: February 7, 2024 Time: 2:00 - 3:30 PM Location: Garner Education Center Course #: 16286

The name itself evokes Hollywood grandeur. Bette's career spanned 50 years and over 100 movies. She won two Academy Awards and will reign as the queen of Hollywood forever. Let's enjoy some of her brilliant movies and witness her amazing acting range.

Scott Bertelsen is retired from 39 years of teaching at Forest City High School. Scott co-directed 35 high school musicals and was inducted into the Iowa High School Speech Association Hall of Fame in 2018. He also received a directing award from the Iowa High School Musical Theater Awards. In addition, Scott received the Distinguished NIACC Alumnus Award in 2018.

THE PATH TO NEW TECHNOLOGIES

FOR FARMING SUSTAINABLY Instructor: Jayson Ryner Day: Thursday Dates: February 8, 2024 Time: 1:30 - 3:00 PM Location: Beem Center BC200 Course #: 16281



Jayson Ryner

Come hear the story of how a strategy to keep a new farming operation afloat turned into a passion for soil health, sustainability, and the future of agriculture. We will learn why there is a major shift in agriculture and the emerging technologies that will support farming sustainably and profitably.

Jayson Ryner's new role at NIACC is the Instructor of Entrepreneurship. Jayson started a farming operation in 2014, and in 2015 adopted no-till, strip-till, and cover crop practices through a Beginning Farmer program with the NRCS. This led to his founding of ReEnvision Ag Inc. a pioneering Ag Tech Company located right here in North Iowa.

MORE EGYPTIAN MYTHOLOGY

Instructor: Daniel Parks Days: Fridays Dates: February 9, 16, 23, March 1, 8, 2024 Time: 10:00 - 12:00 PM Location: Recreation Center RC 112 Mason City In-Person Course #: 16296



CHARLES CITY COURSE #: 16297

Location: Charles City NIACC Center - The instructor will be zoomed into this location or home.

GARNER COURSE #: 16298

Location: Garner Education Center – The instructor will be zoomed into this location or home.

Last semester when this class was offered they discovered there is so much more to cover. Whether you attended or not, dive into the myths of ancient Egypt that are some of the oldest chronicled stories in civilization. This course will give an overview of the various beliefs of the ancient Egyptian people, describe the various gods, their relationships to each other, and how these beliefs affected Egyptian life and death and the reigns of the Pharaohs. There is no text required but familiarizing yourself with the subject matter before the first day is encouraged.

Daniel Parks is a graduate of NIACC and a 2014 graduate of Iowa State University with a B.A. in Liberal Studies. His special interests are folklore and mythology and how they are reflected in both literature and cinema.

ETC: GENTLE FITNESS

Instructor: Dyan Childress Days: Mondays Dates: February 12, 19, 26, March 4, (NO CLASS 11), 18, 25, April 1, 8, 2024 Time: 10:00 - 10:45 AM Location: Recreation Center RC Gym Course #: 16282



Dyan Childress

Join us for light cardio, functional strength, balance exercises, yoga, and relaxation. In this class, you will also learn how to use the machines in the NIACC weight room and simple dumbbell exercises to foster muscle maintenance. You will be encouraged to modify things to work for your body. There is no need to bring any equipment to class.

Exercise and fitness have been a part of Dyan Childress' life for decades. Throughout her career as a coach, teacher, fitness instructor, and personal trainer she has helped countless people stay fit and healthy.

Check our website: niacc.augusoft.net

THE HOLOCAUST – A BRIEF HISTORICAL OVERVIEW

Instructor: Sharon Quigley Days: Mondays Dates: February 12, and 26, 2024 Time: 2:00 - 4:00 PM Location: Beem Center BC200 Course #: 16439 OPEN TO THE PUBLIC



Sharon Quigley

The systematic murder of six million Jews, alongside many others, by Nazi Germany, reveals a history of deep hatred which came to fruition among "civilized" peoples. The German Nazi laws codifying state-sponsored terror, the world's response to Germany, and the perpetrators, victims, and many onlookers, witnesses, and collaborators to the greatest crime in European history will be examined.

Shannon Quigley is finishing her Ph.D. in connection with the Weiss-Livnat International Center for Holocaust Research and Education at the University of Haifa in Haifa, Israel. Shannon's research primarily focuses on the history of the Holocaust alongside Jewish and Christian religious issues in relationship to the Holocaust.

ALDOUS HUXLEY'S BRAVE NEW WORLD

Instructor: George Riesen Day: Thursdays Date: February 15, 22, 29, March 7, 2024 Time: 1:00-2:30 PM Location: Recreation Center RC112 Course #: 16392



George Riesen

Join the Provocative Study Circle in discussing Aldous Huxley's Brave New World, one of the most consistently banned books in the last one hundred years. Published in 1932 and critiquing the early 20th century's optimism about science's potential to transform the world, this satirical novel locates its characters in the London of 2540 CE; it is a world of strict social engineering justified by stability and happiness. "In this society, emotions and individuality are conditioned out of children at a young age, and there are no lasting relationships because "every one belongs to every one else" (a common World State dictum)." (Britannica.com)

Class members will be examining the geopolitical and scientific context in which Huxley wrote Brave New World, its initial critical reception, and why it continues to ruffle feathers. How does the text speak to us today? Expect spirited discussions!

George Riesen is a former English teacher, passionate discusser of literature, and graduate of Yale University.

She loves to read, research, and argue about books. She researches and writes the program notes for Una Vocis Choral Ensemble.

<u> PRESIDENTS' DAY -</u>

FRANKLIN DELANO ROOSEVELT (FDR) Instructor: Bennett Smith Day: Monday Date: February 19, 2024 Time: 2:00 - 4:00 PM Location: Beem Center BC200 Course #: 16292 OPEN TO THE PUBLIC



Bennett Smith

In honor of Presidents' Day this year, this presentation will examine the life and Presidency of Franklin Delano Roosevelt (FDR). We will examine his early life, career, and political path to the White House. FDR was elected to the Presidency a record four times and led the country through the two most difficult episodes of the twentieth century, the Great Depression and World War II. A recommended reading list and handout will be provided, and there will be a question and answer session after the lecture.

Bennett Smith is an instructor in history and political science at North Iowa Area Community College. He is also an instructor in various lifelong learning programs including the NIACC Lifelong Learning Institute; the Osher Lifelong Learning Institute at Iowa State University, the Osher Lifelong Learning Institute at Drake University, and the LIFE program at Rochester Community and Technical College in Rochester, Minnesota. He holds a Bachelor of Science degree in speech communication and a Master of Arts degree in history from Iowa State University.

CARL SANDBURG: PREMIER POETIC

VOICE OF AMERICA- MASON CITY Instructor: Scott Bertelsen Days: Wednesday Dates: February 21, 2024 Time: 10:00 - 11:30 AM Location: Activity Center AC101 Course #: 16287



CONNECTIONS Through Similarities

Check our website: niacc.augusoft.net

CARL SANDBURG: PREMIER POETIC

VOICE OF AMERICA- GARNER Instructor: Scott Bertelsen Days: Wednesday Dates: February 21, 2024 Time: 2:00 - 3:30 PM Location: Garner Education Center Course #: 16288



Carl Sandburg is an essential American poet. His free verse poetry about industrial America has resonated with poetry lovers for decades. Let's enjoy a sampling of his best works.

See bio on page 6.

OPEN THE DOORS AND SEE ALL THE PEOPLE:

STORIES OF IDENTITY AND VOCATION Instructor: Norma Cook Everist Day: Tuesday Date: February 27, 2024 Time: 10:00 - 11:30 AM Location: Pappajohn Center PC118 Course #:16293



Norma Cook Everist

Climb in the car with me to listen and learn what is unique and what is similar in different regions of the country. Discover how each place has its own strengths, gifts, and challenges. Stories beget stories. We will invite class participants to tell their own stories, to claim their identity, and to be strengthened for lifelong vocation.

Norma Cook Everist is an emerita Distinguished Professor of Wartburg Theological Seminary where she taught for 38 years. She previously taught at Yale Divinity School. She is a graduate of NIACC and went on to earn two master's degrees and a Ph.D. She is a widely known lecturer and has written 14 books, including "Open the Doors and See All the People" as well as over 100 articles and book chapters. She has been a national columnist. She and her husband who both lived in Mason City as youth - but not at the same time - enjoy living here again.

COUNTY GOVERNMENT SERIES - REAL ESTATE II

Instructor: Sandy Shonka Days: Wednesday Dates: February 28, 2024 Time: 3:00 - 5:00 PM Location: Beem Center BC200 Course #: 16304



Sandy Shonka

This class will review the real estate cycle, the valuation reporting process, the tax calculation process and

introduce the details of Tax Increment Finance (TIF).

Sandy Shonka grew up in Sumner, Iowa. She currently lives in rural Cerro Gordo County with her husband Mike. She and Mike have two children Jadyn and Paul. Sandy has been employed with Cerro Gordo County for 32 years. She enjoys music, exercise, knitting, gardening/canning, baking, coffee, chocolate, and her job.

ETC: WOMEN'S HISTORY STUDY

Instructor: Karen Fick Day: Mondays Dates: March 4, 11, 18, 25, 2024 Time: 1:00 - 2:30 PM Location: Pappajohn Center PC118 Course #: 16307



Karen Fick

We know his-story; but what about her-story. In the Women's History study group, members will introduce two to three women each week to learn about their families, their accomplishments, and even their scandals. They are mothers, authors, doctors, entertainers, adventurers, and wives from around the world. Join us as we discover how these women have influenced our lives today.

Karen Fick graduated from Hamilton Business College and began working at Northwestern Bell Telephone Co. After raising her family, she worked for the Cerro Gordo Co Sheriff's Office as a 911 dispatcher/correctional officer. In her retirement, she continues to work part-time at the Clear Lake Library. She enjoys traveling, attending LLI classes, and spending time with her many friends.

BE LIKE COLUMBO! SHARPEN YOUR POWERS OF OBSERVATION AND CRITICAL THINKING SKILLS

Instructor: Mary Lynn Oertel Day: Tuesdays Dates: March 5, 12, 19, and 26, 2024 Time: 10:00-11:30 AM Location: MacNider Art Museum 303 Second St SE, Mason City Course #: 16357



Mary Lynn Oertel

Remember Lieutenant Frank Columbo, the trench coatclad, detail-driven TV-series detective who relentlessly questioned everything? This highly interactive course takes place at the MacNider Art Museum, where we will become "Columbos" by honing our observational powers and critical thinking skills. First, we'll clarify our identities, and world-views, guided by questions adapted from Amy Herman's book, Visual Intelligence. Second, we'll view selected world-class paintings of the MacNider. Third, we'll define and apply critical-thinking skills to this art to "solve" the mystery or "define" the details of what we see. Amaze yourself as you emerge from this course with Columbo-like visual sharpness, question-forming abilities, and finelytuned critical-thinking skills!

Mary Lynn Oertel is an educator, lecturer, and presenter with 53 years of experience in teaching/training middleschool to university-level learners in English, French, ESL, spirituality, fashion, humor, and breathing for wellness. She holds a B.A. degree in English and French education from The University of Iowa and an M.A. degree in Literature from Northeastern Illinois University, Chicago, with postgraduate studies from Northeastern Illinois University and George Williams University, as well as being a graduate of John Robert Powers Modeling School, Chicago.

HISTORY OF THE ROTARY CANNONBALL

Instructor: Dennis Wilson Day: Tuesday Dates: March 5, 2024 Time: 2:00 - 3:30 PM Location: BC200 Course #: 16310



Dennis Wilson

HISTORY OF THE ROTARY CANNONBALL -CHARLES CITY Instructor: Dennis Wilson Day: Thursday

Dates: February 29, 2024 Time: 2:00 - 3:30 PM Location: Charles City Center Course #: 16311

HISTORY OF THE ROTARY CANNONBALL -GARNER

Instructor: Dennis Wilson Day: Wednesday Dates: March 6, 2024 Time: 2:00 - 3:30 PM Location: Garner Education Center Course #: 16312

Learn the history of the Rotary Cannonball railroad steam engine in East Park, Mason City IA. The Minneapolis & St. Louis 457 has an interesting history. Why is it called Rotary Cannonball? How did it happen to find a home in East Park? Did it actually bring Orphan Children to Iowa? Did it transport troops during WWI and WWII? Who actually started the restoration and when? Who stole the engine bell? Through PowerPoint and lecture, you'll get the answers to these questions along with the complete story of the life and times of the Cannonball.

Dennis S. Wilson has been married for sixty years. He and his wife Anna have two children and two grandchildren. He graduated from college at age 74. He was employed by the Milwaukee & CP railroads for forty-two years. He worked as a conductor, union representative, a safety advisor, and helped develop Quality Management programs. He experienced strikes, bankruptcies, mergers, deadly accidents, and radical changes in the railroad industry. Dennis has climbed a few mountains, ran a few marathons, wrote a few magazine articles. He is always searching for the New in Life.

ETC BOOK CLUB 1 -

THE THINGS WE CANNOT SAY BY KELLY RIMMEL

Instructor: Dyan Childress Day: Thursday Date: March 7, 2024 Time: 10:30 – 11:30 AM Location: Activity Center AC101 Course #: 16395



Dyan Childress

<u>CHARLES CITY ETC BOOK CLUB 1 –</u> <u>THE THINGS WE CANNOT SAY</u> <u>BY KELLY RIMMEL</u> Day: Wednesday

Date: March 6, 2024 Time: 10:30 – 11:30 AM Location: Charles City NIACC Center Course #: 16398

GARNER ETC BOOK CLUB 1 – THE THINGS WE CANNOT SAY

BY KELLY RIMMEL Day: Thursday Date: March 7, 2024 Time: 1:30 – 2:30 PM Location: Garner Education Center Course #: 16396

Since she was nine years old, Alina Dziak knew she would marry her best friend, Tomasz. Now fifteen and engaged, Alina is unconcerned by reports of Nazi soldiers at the Polish border, believing her neighbors that they pose no real threat, and dreams instead of the day Tomasz returns from college in Warsaw so they can be married. But little by little, injustice by brutal injustice, the Nazi occupation takes hold, and Alina's tiny rural village, its families, are divided

Check our website: niacc.augusoft.net

by fear and hate. Slipping between Nazi-occupied Poland and the frenetic pace of modern life, Kelly Rimmer creates an emotional and finely wrought narrative. The Things We Cannot Say is an unshakable reminder of the devastation when truth is silenced...and how it can take a lifetime to find our voice before we learn to trust it. (Amazon)

UKRAINIAN EASTER EGG DECORATING

Instructor: George Riesen Day: Saturday Date: March 9, 2024 Time: 9:00 – 12:00 PM Course #: 16354 OR (This class is offered twice. Please only sign up for ONE class.) Time: 1:00 – 4:00 PM Course #: 16355 Location: St John's Episcopal Church Parish Hall; 120 1st St NE, Mason City Material Fee: \$5.00

Join George to try the ancient practice of Pysanka Ukrainian egg dying. This art form of Central Europe has been practiced, according to archeologists, since roughly the 3rd millennium BCE. Pre-Christian symbols evolved into Christian symbols, but the basic wax-resist method remains the same. George will introduce you to the colors, symbols, and process of creating these beautiful eggs. The traditional components of raw eggs, beeswax, candle (to melt the wax), kystka (tiny funnel with a handle), and dyes will be provided. Wear old clothing -- the dyes are permanent! And consider decaffeinated coffee that morning -- you'll want your hands to be steady. Sign up for either the morning or afternoon session. You will have time to finish two to four eggs, which George will varnish and blow out for you. She hopes to have them back to you for Easter. Dying Pysanka is easier than it looks and is a great opportunity for fellowship and creative expression!

See bio on page 7.

A DAY IN THE DELTA

Instructor: Bob Lembke Day: Tuesday Date: March 19, 2024 Time: 1:30 – 3:30 PM Location: Beem Center BC200 Course #: 16313



Bob Lembke

A DAY IN THE DELTA - CHARLES CITY

Instructor: Bob Lembke Day: Tuesday Date: April 2, 2024 Time: 1:30 – 3:30 PM Location: Charles City NIACC Center Course #: 16314

A DAY IN THE DELTA - GARNER

Instructor: Bob Lembke Day: Tuesday Date: April 9, 2024 Time: 1:30 – 3:30 PM Location: Garner Education Center Course #: 16315

This presentation will be a picture show of some of the photos that Bob took during his year in the MeKong Delta. Each picture will have a description and narrative of the content. Pictures include the rice paddies during the monsoon and dry seasons, the various base camps of the 9th Infantry Division, special zones in the delta, jungle areas, living conditions, etc.

Bob Lembke is a retired banker living in Mason City. He is a Vietnam Veteran whose tour of duty was from December 1966 to December of 1967. He is a longtime member of the American Legion, the V.F.W., and is a lifetime member of the Vietnam Veterans of America.

1964: BEATLEMANIA COMES TO AMERICA

Instructor: Tim Coffey Day: Wednesday Date: March 20, 2024 Time: 2:00 – 4:00 PM Location: Beem Center BC200 Course #: 16319



Tim Coffey

<u>1964: BEATLEMANIA COMES TO AMERICA -</u> <u>GARNER</u>

Instructor: Tim Coffey Day: Thursday Date: April 11, 2024 Time: 2:00 – 4:00 PM Location: Garner Education Center Course #: 16404



1964: BEATLEMANIA COMES TO AMERICA

<u>- CHARLES CITY</u> Instructor: Tim Coffey Day: Thursday Date: April 18, 2024 Time: 2:00 – 4:00 PM Location: Charles City NIACC Center Course #: 16405



"Get Back" to the incredible time 60 years ago when The Beatles came to America, the infamous start of the revolutionary British Invasion. Go back again in time to experience the impact The Beatles had on music and on the 60's!!!

Tim Coffey has been a lifelong fan of The Beatles ever since he saw them on Ed Sullivan on February 9, 1964. He has taught seven classes on them as a group and as individuals. He even has a podcast on them called Love & Peace: A Beatles Podcast.

LIVING WITH ALZHEIMER'S FOR CARE PARTNERS

(EARLY STAGE)

Instructor: Mike and Connie Wentworth Day: Thursday Date: March 21, 2024 Time: 2:00 – 4:00 PM Location: Beem Center BC200 Course #: 16322



Mike and Connie Wentworth

This class helps in understanding the symptoms of the early stage of Alzheimer's disease. We will also discuss some of the legal, financial, and resource planning that should take place during this stage. We will cover what makes up a Care Team and how to work together with the members of your team.

Michael and Connie Wentworth were born and raised in Mason City. They are graduates of Newman High School and are NIACC alumni. Michael and Connie retired in 2011 after Michael's almost 40 years with the Union Pacific Railroad and Connie's various officer banking positions throughout their many moves after leaving Mason City in 1986 (Des Moines, Chicago, St. Louis, Omaha). They made the decision to move back home to Mason City in 2014 due to their parent's health needs. They have hosted an Alzheimer's Caregivers Support Group for several years and have been on the planning committee for the annual Walk to End Alzheimer's held each fall in Mason City for four years.

MEN'S SHED MOVEMENT

Instructor: Melinda Heinz Days: Friday Dates: March 22, 2024 Time: 2:00 - 4:00 PM Location: Beem Center BC200 Course #: 16399



The Men's Shed Movement began in Australia in the 1990s and has since expanded to other parts of the world. Currently, Ireland has more Men's Sheds per capita than anywhere else in the world. In 2022, Melinda spent four months in County Limerick, Ireland conducting research with Men's Shed members as a Fulbright Scholar to learn more about how being a member of the shed contributes to purpose and meaning in their lives. Join her for a discussion on Men's Sheds to learn more about these research findings.

END HUMAN TRAFFICKING

Instructor: Lyna Debner Day: Tuesday Date: March 26 Time: 2:00 - 3:00 PM Location: Beem Center BC200 Course #: 16371

All lowans can play a part in stopping human trafficking. Together, using knowledge and tools, we can prevent human trafficking because even one victim is too many. Identify the signs, and learn how to report suspicious behaviors. This informative class will help you learn more.

SUCCESSFUL AGING - EXPLORATION THROUGH PHOTOGRAPHS, NARRATIVES, AND DISCUSSION

Instructor: Melinda Heinz Days: Wednesdays Dates: March 27, (Skip April 3), April 10, 17 and 24, 2024 Time: 1:00 - 3:00 PM Location: Pappajohn Center PC118 Course #: 16400

Attendees who participate in this class will explore their own perceptions of successful aging and be asked to: Take photographs, and write narratives that explain the photographs. Attendees will also have an opportunity to participate in a voluntary research study where they submit their photographs and narratives to Melinda Heinz, Assistant Professor of Family Services at the University of Northern Iowa to learn more about how older adults perceive successful aging. Details about this opportunity will be discussed at the first class meeting.

LIVING WITH ALZHEIMER'S FOR CAREGIVERS

(MIDDLE STAGE) Instructor: Mike and Connie Wentworth Day: Thursday Date: March 28, 2024 Time: 2:00 – 4:00 PM Location: Beem Center BC200 Course #: 16323



Mike and Connie Wentworth

This class covers the symptoms and care needs associated with the middle stage of Alzheimer's disease. We will discuss the relationship changes that occur in the middle stage. We cover how caregivers can maximize safety, prepare for emergencies, and access respite care.

See bio on page 11.

APRIL

ETC: TOPICS OF INTEREST

Instructor: Midge Gaylor Days: Mondays Dates: April 1, 8, and 15, 2024 Time: 1:00 - 2:30 PM Location: Pappajohn Center PC118 Course #: 16327



Midge Gaylor

Do you enjoy learning new things and sharing your opinions with others? If so, you might be interested in joining the Topics of Interest class. This is a class where participants volunteer to present and discuss topics of their choice, such as current events, history, science, art, culture, and more. You will have the opportunity to learn from your peers and broaden your horizons. Come and join us for an engaging and stimulating experience!

Arlene (Midge) Gaylor has a B.A. in Elementary Education from Iowa State Teachers College (UNI), Special Education Certification from Mankato State College, and an M.A. in Effective Teaching from Drake University. She has over 40 years of experience working with children exhibiting emotional and behavioral difficulties. Midge has been an LLI instructor since its inception and is a member of the LLI Advisory Board.

THE 1619 PROJECT

Instructor: Katie Koehler Days: Tuesday Dates: April 2, 9, 16, and 23, 2024 Time: 10:00 – 12:00 PM Location: Pappajohn Center PC118 Course #: 16340



The 1619 Project is an initiative from The New York Times Magazine that brings together academics, historians, artists, and journalists to reframe American history. Specifically, the project as a collective work asks that we center the influence and consequences of the institution of slavery on America's founding and acknowledge the contributions of Black Americans to the progress and development of the nation. Participants will be provided a variety of entry points into important and timely conversations about America's past, present, and future.

Katie Koehler is a retired educator of 33 years and coach of the Mason City Community School. She currently teaches the NIACC Substitute Licensure class and is a member of the NIACC RSVP pen pal. She and her husband have three daughters who all attended NIACC first.

LIVING WITH ALZHEIMER'S FOR CAREGIVERS (LATE STAGE)

Instructor: Mike and Connie Wentworth Day: Thursday Date: April 4, 2024 Time: 2:00 – 4:00 PM Location: Beem Center BC200 Course #: 16324

We will cover the concept of self in the late stage of Alzheimer's disease. We will discuss effective ways to communicate, connect with, and provide daily care in the late stage. Finally, we will look at late-stage care options and describe how to access and evaluate them.

See bio on page 11.

MORE AMERICAN GHOST STORIES

Instructor: Daniel Parks Days: Fridays Dates: April 5, 12, 19, 26, and May 3 Time: 10:00 - 12:00 PM Location: Recreation Center RC112 Course #: 16301



Daniel Parks

CHARLES CITY COURSE #: 16302

Location: The instructor will be zoomed into this location or your home

GARNER COURSE #: 16303

Location: The instructor will be zoomed into this location or your home.

We decided to keep the "spirit" of this class alive and offer it again this semester. Whether you attended the class or not, join this second session to learn more about ghosts. What do they represent culturally and how do they function within a literary context? We'll explore these questions and how ghost stories are told through the lens of American authors and folklore. Students should familiarize themselves with the "Yellow Wall Paper" prior to the first class.

See bio on page 6.

LANDFILL OF NORTH IOWA TOUR

Instructor: Landfill of North Iowa

Days: Thursday Dates: April 11, 2024 Time: 1:00 - 3:00 PM



Location: Landfill of North Iowa

15942 Killdeer Ave, Clear Lake, IA 50428 Course #: 16369

This tour will start with an educational program at the Landfill of North Iowa. Then you will have the opportunity to board one of their small tour buses for a physical tour of their facility. Their buses only hold 18 passengers at a time so we will split the group in half and take turns. While you wait you will be able to enjoy refreshments and good company. You are also welcome to sit in on the educational portion only as an option.

WARNING SIGNS ALZHEIMER'S AND DEMENTIA -

<u>CHARLES CITY</u> Instructor: Michael and Connie Wentworth Day: Thursday Date: April 11, 2024 Time: 2:00 - 4:00 PM Location: Charles City NIACC Center Course #: 16325



Mike and Connie Wentworth

WARNING SIGNS ALZHEIMER'S AND DEMENTIA -

GARNER Instructor: Michael and Connie Wentworth Day: Thursday Date: April 18, 2024 Time: 2:00 - 4:00 PM Location: Garner Education Center Course #: 16326

This class is designed for those who want to learn more about the warning signs of Alzheimer's and other dementias, and for those who have noticed memory or "thinking" changes in themselves or others. By the end of the class, you should be able to: Describe typical age-related memory, thinking, or behavior changes, recognize common warning signs of Alzheimer's and dementia, discuss the tips for approaching someone about memory concerns, explain the importance of early detection and benefits of diagnosis, and identify possible tests and assessments for the diagnostic process.

See bio on page 11.

PICKLEBALL

Instructor: Paul Nelson Days: Mondays Dates: April 15, 22, 29, May 6, 13, 2024 Time: 10:00-10:45 AM Location: Recreation Center Gym RC Gym Course #: 16284



Paul Nelson

Course #: 16284 Jump in on this fitness craze. The first couple of sessions of this class will teach you the basics and the rules. The other

sessions will be simply for practicing and playing the game. *** You will need to provide your own racquet.

Paul Nelson spent his career as a teacher and coach as well as owning a construction business. In his retirement, he and his wife Nancy stay active traveling to see their kids and grandkids. Paul has also found a great way to get his daily steps in is through pickleball.

MEALS ON THE MOVE

Instructor: Amelia Attwood Days: Tuesday Dates: April 16, 2024 Time: 1:00 – 3:00 PM Location: Activity Center AC101 Course #:16341



Day trips, grandkids' ball games, poolside days, picnics on blankets – summertime is near! Join Healthy Harvest of

North lowa to learn how to pack on-the-go meals that will nourish and energize your long summer days.

Amelia Attwood is a Registered and Licensed Dietitian (RD, LD). She has been working with Healthy Harvest of North Iowa along her journey of becoming a dietitian. Through this work in the community, she has had the opportunity to expose individuals to the cooking, preparing, and planning side of nutrition. She recognizes the importance of eating well and is excited to provide you with more tools and resources.

STORIES IN STONE OR ZINK OR CONCRETE

Instructor: Karen Byrne Days: Thursday Dates: April 18, 2024 Time: 2:00 - 3:30 PM Location: Beem Center BC200 Course #: 16342



Karen Byrne

Cemetery monuments tell stories of personal faith, lives, family, and friends. Elmwood / St. Joseph's Cemetery is rich in stories told through Zinkies, folk markers, symbols, poetry, military honors, and concrete. Join the local "Cemetery Scientist" for a fascinating tour with sound and images of lives remembered and stories told in stone, zink, or concrete.

Karen Byrne spends FAR too much time in Elmwood/St. Joseph's Cemetery, walking the edges, looking for stories, and is the chair of the Elmwood/St. Joseph's Cemetery Board of Trustees. She spends so much time there that she has been dubbed a Cemetery Scientist by her grandson. In this presentation, Karen will combine her cemetery walks, art, history, and biographies as she highlights the stories of Sugar Beet Row.

POETRY WRITING

Instructor: Chrystal Berche Days: Monday Dates: April 22, 29, May 6, 13, 2024 Time: 1:00 - 2:30 PM Location: Pappajohn Center PC118 Course #: 16344



Chrystal Berche

Explore the world of writing poetry. Whether you already have a foundation in writing poetry or you are a beginner, this class will allow you to enrich your ability to write, explore, and be creative. In this class, we will focus on drawing inspiration from within as well as from the world around us. The final session of this class will open the possibility and facets of publishing your work. Chrystal Berche is a writer. Her vast writing pulls from all areas of her life and encompasses many genres. When she isn't writing she's taking pictures, or curled up with a good book and kitty on her lap. Chrystal's poems have appeared several times in Lyrical lowa as well as numerous print and online publications across the United States. In 2015, she was nominated for a Pushcart Prize for her poem, Without Words, which was written as a tribute to her grandmother.

WHO GETS GRANDMA'S YELLOW PIE PLATE -

CHARLES CITY ONLY

Instructor: Lesley Milius Days: Wednesday Dates: April 23, 2024 Time: 1:30 - 3:00 PM Location: Charles City Center Course #: 16441



Lesley Milius

"Who Gets Grandma's Yellow Pie Plate" is a program that focuses on the transfer of non-titled property, like family heirlooms, within families. This program will provide information to help families navigate the often complex emotional and practical aspects of passing down belongings without a clear title, like jewelry, furniture, or family keepsakes. It addresses topics such as communication among family members, understanding the value of items beyond their monetary worth, and making fair distribution decisions to prevent conflicts among heirs. It's designed to help families navigate these conversations and decisions in a thoughtful and respectful manner.

Lesley Milius has a double BA in Agricultural Studies and Agriculture Extension Education from Iowa State University. She has over 20 years of experience working for the ISU Extension and Outreach in Floyd County. During her tenure, she has taught a variety of programs in ag and natural resources, youth development, and human sciences. Lesley has a deep commitment to serving Floyd County and surrounding communities.

ETC: BOOK CLUB 2 – THE THINGS THEY CARRIED

Instructor: Dyan Childress Days: Thursday Dates: April 25, 2024 Time: 10:30 - 11:30 AM Location: Pappajohn Center PC 118 Course #: 16401





GARNER ETC: BOOK CLUB 2 – THE THINGS THEY CARRIED

Days: Wednesday Dates: May 1, 2024 Time: 10:30 - 11:30 AM Location: Garner Education Center Course #: 16402

<u>CHARLES CITY ETC: BOOK CLUB 2 –</u> THE THINGS THEY CARRIED

Days: Thursday Dates: April 25, 2024 Time: 1:30 - 2:30 PM Location: Charles City NIACC Center Course #: 16403

A classic work of American literature that has not stopped changing minds and lives since it burst onto the literary scene, The Things They Carried is a ground-breaking meditation on war, memory, imagination, and the redemptive power of storytelling. The Things They Carried depicts the men of Alpha Company: Jimmy Cross, Henry Dobbins, Rat Kiley, Mitchell Sanders, Norman Bowker, Kiowa, and the character Tim O'Brien, who has survived his tour in Vietnam to become a father and writer at the age of forty-three. Taught everywhere from high school classrooms to graduate seminars in creative writing it has become required reading for any American and continues to challenge readers in their perceptions of fact and fiction, war and peace, courage and fear and longing. (Amazon)

FRAUD FIGHTERS

Instructor: TJ Hirv Days: Thursday Dates: April 25, 2024 Time: 2:45 – 3:45 PM Location: Pappajohn Center PC118 Course #: 16443



This informational session will provide examples of current fraud attempts as well as how to avoid falling victim to fraud. Nearly 7 million Americans ages 60 and older fall victim to fraud each year. Con artists use elaborate schemes that prey on your good nature and trust. There is no shame in falling for their games. In addition, the discussion will also include information on: Senior Health Insurance Information Program (SHIIP), Common Medicare Scams, lowa Department of Aging (Advance Directives, Powers of Attorney, and Living Wills) Join us for this important conversation! This session Iowa Fraud Fighters public education program is sponsored by RSVP of North Central Iowa and administered by the Iowa Insurance Division.

DIRT AND BONES HOLD A STORY -

LIFE IN EARLY JAMESTOWN, VA Instructor: Beth Ann Schumacher Days: Tuesday Dates: April 30, 2024 Time: 2:00 – 4:00 PM Location: Beem Center BC200 Course #: 16345



Beth Ann Schumacher

Who doesn't love to dig in the dirt and look for fortune? Forensic archeologists never lose that desire to dig in the dirt and look for treasure and stories. The Colony of Jamestown, VA has always been a place of interest to Beth Ann and she has been there dozens of times with students and family. Since 2014 her husband and she avidly explored the digs at Jamestown and in June of 2023, she participated in the beginning of another dig to unearth more stories. Join Beth Ann in this session as we look at what was found in the dirt and learn the stories of two key people who were discovered – Richard Mutton and a simple girl named Jane.

Beth Ann Schumacher received both her B.A. and M.A. in history and political science from the University of Northern lowa, with additional graduate hours in Civil War history from Virginia Tech. She began teaching in 1977 at Clear Lake High School and retired in May 2015. During her career, Beth Ann has been awarded many awards including Educator of the Year from many prestigious organizations. Beth Ann has published and edited several books and is currently working on a third book. She continues to be an active member of the American Battlefield

THE WAYBACK MACHINE AND MORE

Instructor: Burton Everist Days: Thursday Dates: May 2, 2024 Time: 1:00 – 2:30 PM Location: Recreation Center RC112 Course #: 16373



Burton Everist

From the Wayback Machine to vintage cartoons and oldtime radio and more, The Internet Archive is a library of millions of resources. We will sample books, films, and recordings, just to taste some of the rich fare available. Since it is easy to get lost among so many diverse goodies, we will take time to learn how to use it best. Participants will be encouraged to list their interests: Genealogy? Silent films? News of the Day? You name it!

Burton Everist grew up in Mason City until his family moved to California when he was in the 8th grade. He has explored the uses and effects of media for more than fifty years. In his studies for his B.A., MDiv, and STM, he included courses focused on communication and group processes. He has developed workshops to provide awareness of the influence the diverse media has on us. Later, he created features for the nationally syndicated PM Magazine and produced two regular cable television series.

FROM MY KITCHEN TO THE CONGO

Instructor: Melody McMillan Day: Tuesday Date: May 7, 2024 Time: 2:00 - 4:00 PM Location: Beem Center BC200 Course #:16368



Melody McMillan

"Looking for healthcare professionals with diabetes experience to be a member of a Medical Ambassador Resource Team to develop educational materials for Congolese mission hospitals and clinic staff and patients." How does one go about writing materials for a country halfway around the world where one has never been, a different culture, an unfamiliar language, and minimal to no resources? So many questions. So many challenges. So many opportunities. Count me in! Join Melody has she explains this amazing task.

Melody McMillan, a retired Registered Nurse, received her B.S.N. from North Park College in Chicago and is a nationally Certified Diabetes Education and Care Specialist. Since 1995, in-home care, hospital, free health clinic, doctor's office, disaster response, and community settings, she has done education, policy and procedures, protocols, and case management with staff, patients, families, students, CER, and the general population. She culminates her 50-year professional career as a member of the Medical Ambassador Diabetes Resource Team for the Paul Carlson Partnership of the Evangelical Covenant Church.

NATIONAL EAGLE CENTER

Instructor: National Eagle Center Naturalist Day: Thursday Date: May 9, 2024 Time: 11:00 - 12:00 PM Location: Beem Center BC200 Course #: 16370



The National Eagle Center is the home of several bald eagles and a nesting place for hundreds of others who come for the winter. This presentation from the National Eagle Center will share information about eagle biology, natural history, and cultural connections. Using state-ofthe-art technology, they can provide high-quality video presentations. This will also include live interactions with one of their naturalists who can answer our questions.

NIACC

CONNECTIONS *Through Differences*



STEPS TO REGISTER FOR A CLASS

- Steps to Register for a Class on Lumens
- On the registration page (niacc.augsoft.net)
- Click on Login if you have an account.
 - If you don't have an account you'll need to create one.
- Next, use the pull-down menu and select student on the login page.
- Enter username and password
- In the upper right, use the BROWSE pull-down menu and click MEMBERSHIPS
- Scroll down to Purchase Membership?
- Pull down LLI Spring 24 Mason City (\$59) OR LLI Spring 24 Charles City/Garner (\$25)
- Hit Submit
- Shopping Cart Page Bottom left to click Checkout
- Click Catalog for Where did you hear about this class?
- Enter credit card information
- Click Process payment
- To register for each class: Type the ID number into the search bar in the upper right, hit go
- When the class appears, click Add to cart
- Repeat until you have registered for all the classes you wish to attend.
- In the upper right, you can view the cart to be sure you have all the classes you would like then click checkout to finish.





			ster Today!	
Membership/ Registration App	lication			soft.net 58 / (888) 466-4222 - ext. 4358 Fax (641) 422-4112 / Mason City, IA / 50401
Last Name	First Name	Middle Name	Social Security #	Today's Date
 Mailing Address			City	State Zip
Daytime Phone	Cell Phone	Birth Date	Male	Female
Email Address				
New or Renewing Member (Membership is for ONE sen Check—Please enclose a Check—Please enclose a Credit Card— We accept Please charge my: Account Number: Cardholder's Name: Signature: *REQUIRED:	nester. Fall or Spring. Cla check for the \$59 memb check for the \$25 Charle t VISA, MasterCard, or Di VISA	asses are not offered in the bership fee made payable t es City/Garner membership iscover. Please complete th Discover Expiration Card Veri Amount to	summer session.) o NIACC fee made payable to NI ne following: Date: fication Number*: be Charged \$	

If you can't go, let us know.

If you are unable to attend a class, please let us know before the day of the class.

Call 422-4358 or email dyanchildress@niacc.edu

MASON CITY REGISTRATION PAGES

ect	ST NAM Start Date	Course	LAST NAME:	Start Time	Instructor	Location
		Number				
	1/31/2024	16269	Kick-Off Coffee - Mason City	1:00 PM	Childress	NC180
	2/6/2024	16272	Bridge	10:00 AM	Member	AC Common
	2/6/2024	16279	Ethics	2:00 PM	Steckman	PC117
	2/7/2024	16285	Bette Davis - Mason City	10:00 AM	Bertelsen	AC101
	2/8/2024	16281	The Path to New Technologies for Farming Sustainably	1:30 PM	Ryner	BC200
	2/9/2024	16296	More Egyptian Mythology	10:00 AM	Parks	RC112
	2/12/2024	16282	Gentle Fitness	10:00 AM	Childress	RCGYM
	2/12/2024	16439	The Holocaust – A Brief Historical Overview	2:00 PM	Quigley	BC200
	2/15/2024	16392	Aldous Huxley's Brave New World	1:00 PM	Riesen	RC112
	2/19/2024	16292	Presidents' Day - Franklin Delano Roosevelt (FDR)	2:00 PM	B Smith	BC200
	2/21/2024	16287	Carl Sandburg - Mason City	10:00 AM	Bertelsen	AC101
	2/27/2024	16293	Open the Doors and See All the People	10:00 AM	N Everist	PC118
	2/28/2024	16304	County Government Series - Real Estate 2	3:00 PM	Shonka	BC200
	3/4/2024	16307	ETC: Women's History Study	1:00 PM	Fick	PC118
	3/5/2024	16357	Be Like Columbo!	10:00 AM	Oertel	MacNider
	3/5/2024	16310	History of the Rotary Cannonball	2:00 PM	Wilson	BC200
	3/7/2024	16395	ETC Book Club 1	10:30 AM	Childress	AC101
	3/9/2024	16354	Ukrainian Easter Egg Decorating	9:00 AM	Riesen	Church
	3/9/2024	16355	Ukrainian Easter Egg Decorating	1:00 PM	Riesen	Church
	3/19/2024	16313	A Day in the Delta	1:30 PM	Lembke	BC200
	3/20/2024	16319	1964: Beatlemania Comes to America	2:00 PM	Coffey	BC200
	3/21/2024	16322	Living with Alzheimer's for Care Partners (Early Stage)	2:00 PM	Wentworths	BC200
	3/22/2024	16399	Men's Sheds	2:00 PM	Heinz	BC200
	3/26/2024	16371	End Human Trafficking	2:00 PM	Debner	BC200
	3/27/2024	16400	Successful Aging	1:00 PM	Heinz	PC118
	3/28/2024	16323	Living with Alzheimer's for Caregivers (Middle Stage)	2:00 PM	Wentworth	BC200
	4/1/2024	16327	ETC: Topics of Interest	1:00 PM	Gaylor	PC118
	4/2/2024	16340	The 1619 Project	10:00 AM	Koehler	PC118
	4/5/2024	16301	More American Ghost Stories	10:00 PM	Parks	RC112
	4/4/2024	16324	Living with Alzheimer's for Caregivers (Late Stage)	2:00 PM	Wentworth	BC200
	4/11/2024	16369	Landfill of North Iowa Tour	1:00 PM	Landfill	Landfill NI
	4/15/2024	16284	Pickleball	10:00 AM	Childress/Other	RCGYM
	4/16/2024	16341	Meals on the Move	1:00 PM	Attwood	AC101
	4/18/2024	16342	Stories in Stone or Zink or Concrete	2:00 PM	Byrne	BC200
	4/22/2024	16344	Poetry Writing	1:00 PM	Berche	PC118
	4/24/2024	16443	Fraud Fighters	2:45 PM	Hirv	PC118
	4/25/2024	16401	ETC Book Club 2	10:30 PM	Childress	PC118
	4/30/2024	16345	Dirt and Bones Hold a Story - Life in Early Jamestown, VA	2:00 PM	Schumacher	BC200
	5/2/2024	16373	Wayback Machine and More	1:00 PM	B Everist	RC112
	5/7/2024	16368	From My Kitchen to the Congo	2:00 PM	McMillan	BC200
	5/9/2024	16370	National Eagle Center - Virtual Program	11:00 AM	National Eagle Center	BC200

Garner & Charles City Registration is on the next page.

GARNER REGISTRATION

FIRS	FIRST NAME:		LAST NAME:			
Select	Start Date	Course Number	Class Name	Start Time	Instructor	Location
	1/30/2024	16270	Lifelong Learning Institute Open House - Garner	1:00 PM	Kraus	Garner Education Center
	2/7/2024	16286	Bette Davis - Garner	2:00 PM	Bertelsen	Garner Education Center
	2/9/2024	16298	More Egyptian Mythology - Garner	10:00 AM	Parks	Garner Education Center or Zoom
	2/21/2024	16288	Carl Sandburg – Garner	2:00 PM	Bertelsen	Garner Education Center
	3/6/2024	16312	History of the Cannonball - Garner	2:00 PM	Wilson	Garner Education Center
	3/7/2024	16396	Garner ETC Book Club 1	1:30 PM	Childress	Garner Education Center
	4/5/2024	16303	More American Ghost Stories - Garner	10:00 AM	Parks	Garner Education Center or Zoom
	4/9/2024	16315	A Day in the Delta - Garner	1:30 PM	Lembke	Garner Education Center
	4/11/2024	16404	1964: Beatlemania Comes to America - Garner	2:00 PM	Coffey	Garner Education Center
	4/18/2024	16326	Warning Signs Alzheimer's and Dementia - Garner	2:00 PM	Wentworth	Garner Education Center
	5/1/2024	16402	Garner ETC Book Club 2	10:30 AM	Childress	Garner Education Center

*Charles City and Garner classes might be canceled if less than three people plan to attend.

**If you register for a class, please call ahead to cancel if you don't plan on attending.

CHARLES CITY REGISTRATION

FIRS	FIRST NAME:		LAST NAME:			
Select	Start Date	Course Number	Class Name	Start Time	Instructor	Location
	2/1/2024	16271	Lifelong Learning Institute Open House – Charles City	1:00 PM	Coen-Ward	NIACC Charles City Center
	2/9/2024	16297	More Egyptian Mythology - Charles City	10:00 AM	Parks	NIACC Charles City Center or Zoom
	2/29/2024	16311	History of the Cannonball - Charles City	2:00 PM	Wilson	NIACC Charles City Center
	3/6/2024	16398	Charles City ETC Book Club 1	10:30 AM	Childress	NIACC Charles City Center
	4/2/2024	16314	A Day in the Delta - Charles City	1:30 PM	Lembke	NIACC Charles City Center
	4/5/2024	16302	More American Ghost Stories - Charles City	10:00 PM	Parks	NIACC Charles City Center or Zoom
	4/11/2024	16325	Warning Signs Alzheimer's and Dementia - Charles City	2:00 PM	Wentworth	NIACC Charles City Center
	4/18/2024	16405	1964: Beatlemania Comes to America – Charles City	2:00 PM	Coffey	NIACC Charles City Center
	4/23/2024	16441	Who Gets Grandma's Yellow Pie Plate	1:30 PM	Milius	NIACC Charles City Center
	4/25/2024	16403	Charles City ETC Book Club 2	1:30 PM	Childress	NIACC Charles City Center

*Charles City and Garner classes might be canceled if less than three people plan to attend.

**If you register for a class, please call ahead to cancel if you don't plan on attending.

Discover U Classes of Interest

Please call (641) 422-4358 to register.

Class	Class ID	Instructor	Start Date	End Date	Class Times	Room	Tuition
Bus Trips							
Pella Bus Trip	16148	Community Ed	4/24/24	4/24/24	7:00 AM - 6:00 PM	Bus	\$99
Amana Colonies Bus Trip	16170	Community Ed	5/16/24	5/16/24	7:00 AM - 5:30 PM	Bus	\$99
Swing & Social Dance	16116	Connelley	2/2/24	2/23/24	6:30 – 7:45 PM	AC Gym	\$45 ea
Write Your Life Story	15846	Krusemark	3/2/24	3/2/24	10:00 - 1:00 PM	Online	\$49
International Food Fest - Food	16136	Community	3/4/24	3/4/24	6:00 -7:00 PM	AC	\$15
International Food Fest - Taste	16137	Community	3/4/24	3/4/24	6:00 -7:00 PM	AC	\$15
Grand Adventure Classes =	Grandpa	arent + Grandchild					
Write a Fairy Tale	16239	Berche	4/3/24	4/3/24	2: 00 - 4:30 PM	RC112	\$25
Write a Mystery	16240	Berche	4/10/24	4/10/24	2: 00 - 4:30 PM	RC112	\$25
How to Get Published	16241	Berche	4/17/24	4/17/24	2: 00 - 4:00 PM	RC112	\$25

USING WI-FI ON CAMPUS On your wireless device: Go to – wireless connection (settings) Choose – NIACC GUEST Fill in the required information

A great way to share LLI is to give a gift of membership.

Please call 641-422-4358 to request one for a family member, friend or neighbor.



JANUARY/FEBRUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1	2
	Open House G 1:00-3:00 pm	Kick Off MC 1:00-3:00 pm	Open House CC 1:00-3:00 pm	
5	6	7	8	9
	Bridge 10-12:00 pm Ethics 2:00-3:30 pm	Betty Davis MC 10-11:30 am Betty Davis G 2-3:30 pm	Farming sustainability 1:30-3 pm	Egyptian Mythology 10-12 pm Egyptian Mythology CC 10-12 pm Egyptian Mythology G 10-12 pm
12	13	14	15	16
Gentle Fitness 10-10:45 am Holocaust 2-4 pm	Bridge 10-12:00 pm Ethics 2:00-3:30 pm		Brave New World 1:00-2:30 pm	Egyptian Mythology 10-12 pm Egyptian Mythology CC 10-12 pm Egyptian Mythology G 10-12 pm
19	20	21	22	23
Gentle Fitness 10-10:45 am President's Day 2-4:00 pm	Bridge 10-12:00 pm Ethics 2:00-3:30 pm	Carl Sandburg MC 10-11:30 am Carl Sandburg G 2-3:30 pm	Brave New World 1:00-2:30 pm	Egyptian Mythology 10-12 pm Egyptian Mythology CC 10-12 pm Egyptian Mythology G 10-12 pm
26	27	28	29	
Gentle Fitness 10-10:45 am Holocaust 2-4 pm	Bridge 10-12:00 pm Open the Doors 10-11:30 am	County Gov #2 3-5:00 pm	Cannonball CC 2-3:30 pm Brave New World 1:00-2:30 pm	

MARCH 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRID	۹Y
				Egyptian Mythology 10-1 Egyptian Mythology CC Egyptian Mythology G 10	10-12 pm
4	5	6	7	8	9
Gentle Fitness 10-10:45 am Women's History 1-2:30 pm	Bridge 10-12 pm Be Like Columbo 10-11:30 am Cannonball MC 2-3:30 pm	Book Club 1 CC 10:30-11:30 am Cannonball G 2-3:30 pm	Book Club 1 MC 10:30-11:30 am Book Club 1 G 1:30-2:30 pm Brave New World 1:00-2:30 pm	Egyptian Mythology 10- 12 pm	Egg Decorating 9-12 OR 1-4 pm
11	12	13	14		15
No Gentle Fitness Women's History 1-2:30 pm	Bridge 10-12 pm Be Like Columbo 10-11:30 am	SPRING BREAK	SPRING BREAK	SPRING BREAK	
18	19	20	21		22
Gentle Fitness 10-10:45 am Women's History 1-2:30 pm	Bridge 10-12 pm Be Like Columbo 10-11:30 am Delta 1:30-3:30 pm MC	Beatlemania MC 2-4 pm	Living with Alzheimer's 1 2-4 pm	Men's Shed 2:00-4:00	pm
25	26	27	28		29
Gentle Fitness 10-10:45 am Women's History 1-2:30 pm	Bridge 10-12 pm Be Like Columbo 10-11:30am End Human Trafficking 2-3 pm	Successful Aging 1-2:30 pm	Living with Alzheimer's 2 2-4 pm	Good Friday- NO CLA	SS

APRIL 2024

MONDAY	TUESDAY		WEDNESDAY	THURSDAY	FRIDAY
1		2	3	4	5
Gentle Fitness 10-10:45 am Topics of Interest 1-2:30 pm	Bridge 10-12 pm 1619 Project 10-12:00 pm Delta 1:30-3:30 pm CC			Living with Alzheimer's 3 2-4 pm	American Ghost MC 10-12 pm American Ghost CC 10-12 pm American Ghost G 10-12 pm
8		9	10	11	12
Gentle Fitness 10-10:45 am Topics of Interest 1-2:30 pm	Bridge 10-12 pm 1619 Project 10-12:00 pm Delta 1:30-3:30 pm Garner		Successful Aging 1-2:30 pm	Tour Landfill 1-3 pm Alzheimer's CC 2-4 pm Beatlemania G 2-4 pm	American Ghost MC 10-12 pm American Ghost CC 10-12 pm American Ghost G 10-12 pm
15		16	17	18	19
Pickleball 10-10:45 am Topics of Interest 1-2:30 pm	Bridge 10-12 pm 1619 Project 10-12:00 pm Meals on the Move 1-3 pm		Successful Aging 1-2:30 pm	Alzheimer's G 2-4 pm Beatlemania CC 2-4 pm Stories in Stone 2-3:30 pm	American Ghost MC 10-12 pm American Ghost CC 10-12 pm American Ghost G 10-12 pm
22		23	24	25	26
Pickleball 10-10:45 am Poetry 1-2:30 pm	Bridge 10-12 pm 1619 Project 10-12:00 pm		Successful Aging 1-2:30 pm Fraud Fighters 2:45-3:45 pm	Book Club 2 MC 10:30-11:30 am Book Club 2 CC 1:30-2:30 pm	American Ghost MC 10-12 pm American Ghost CC 10-12 pm American Ghost G 10-12 pm
29		30	1	2	3
Pickleball 10-10:45 am Poetry 1-2:30 pm	Bridge 10-12 pm Grandma's Pie Plate CC 1:30-3 pr Jamestown 2-4:00 pm	m			

MAY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	1	2	3
		Book Club 2 G 10:30-11:30 am	Wayback Machine 1-2:30 pm	American Ghost MC 10-12 pm American Ghost CC 10-12 pm American Ghost G 10-12 pm
6	7	8	9	10
Pickleball 10-10:45 am Poetry 1:00-2:30 pm	Bridge 10-12 pm Kitchen to the Congo 2-4 pm		Eagle Center Virtual 11-12 pm	
13	14	15	16	17
Pickleball 10-10:45 am Poetry 1:00-2:30 pm	Bridge 10-12 pm			







NORTH IOWA AREA COMMUNITY COLLEGE





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Non-profit Organization U.S. Postage PAID Permit No. 278 Mason City, IA

The Lifelong Learning Institute

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