



North Iowa Area Community College Course Outline

Please follow the included instructions when completing this form. Direct questions to Division Chair. After Course Outline is completed, please submit to Division Chair for review, who then submits to Administrative Assistant to the Vice President for Academic Affairs for review by the Curriculum and Academic Affairs Council (CAAC).

Prepared by: Bill Backlin, Larry Kollman, Patti Hanson (Buena Vista)

Date Approved by CAAC: September 9, 2019

Course Title: Introduction to Counseling

Course Number: HSV-152

Equivalent Prior Course Numbers: n/a

Academic Division/Department: Social Science

Credits – Semester Hours (s.h.):

Contact Hours As defined by the Iowa Department of Education in consultation with Division Chair/Registrar (see attached instructions).

Lecture:	<input type="text" value="45"/>	1 s.h. = 15 contact hours
Lab:	<input type="text" value="0"/>	1 s.h. = 30 contact hours
Clinical Practice:	<input type="text" value="0"/>	1 s.h. = 45 contact hours
Work Experience:	<input type="text" value="0"/>	1 s.h. = 60, 75, 90, or 105 contact hours
Total:	<input type="text" value="45"/>	

Prerequisite(s):

PSY-111 Introduction to Psychology, or permission of instructor.

Corequisite(s):

None

Course Description:

A survey of the basic theories and techniques of psychological counseling. This course is one of the recommended courses for students with a career interest in the human services area.

Required Textbook(s) and Other Required Materials:

Introduction to Counseling, Gerald Corey

Purpose of Course Check one [X] in consultation with Division Chair.

<input type="checkbox"/>	Arts and Sciences (General Education)
<input checked="" type="checkbox"/>	Arts and Sciences
<input type="checkbox"/>	Career and Technical (General Education)
<input type="checkbox"/>	Career and Technical
<input type="checkbox"/>	Developmental

If course is offered only in specific semesters, please explain below:

Summer

Maximum number of weeks for which the course is offered:

16

[Do not edit the following section. Managed by Academic Affairs]

Is this a Core Competency Anchor Course? YES ☐ NO ☐

If "Yes," list Core Competency Student Learning Outcome Numbers being taught and assessed in this course (2.2, 3.1, etc.)

(Example) 2.2 [Press Tab to create new rows for each SLO]

Student Learning Outcomes (SLOs):

Upon successful completion of this course, the student will be able to:

1. Describe the ACA code of conduct as applied to the profession of counseling.
2. Explain the historical development of the counseling profession.
3. Be able to critically compare major theories of counseling and develop decision rules for choosing to apply a theory to a particular case.
4. Describe lifespan developmental issues in clients which might be seen by a counselor.
5. Describe how diversity and multicultural changes have affected the counseling profession.
6. Demonstrate the communicative process of the basic listening sequence and basic attending skills.
7. Describe the process of counseling (case management) from initial client contact to termination.